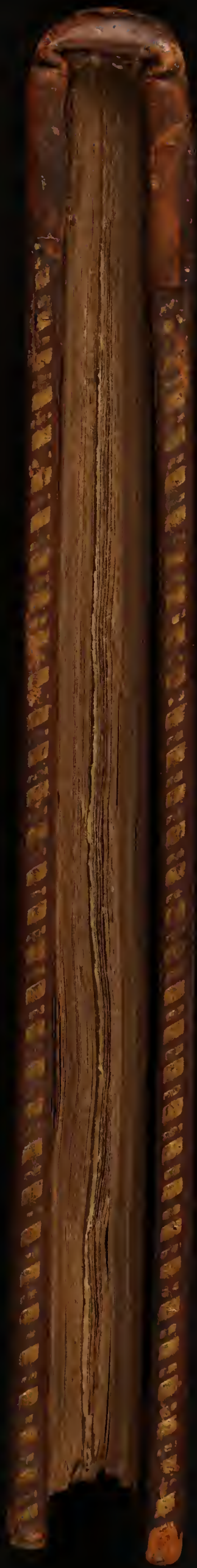


*A WORKE FOR
THE BETTER PRESERVATION
OF THE HEALTH OF MAN.*

1588.









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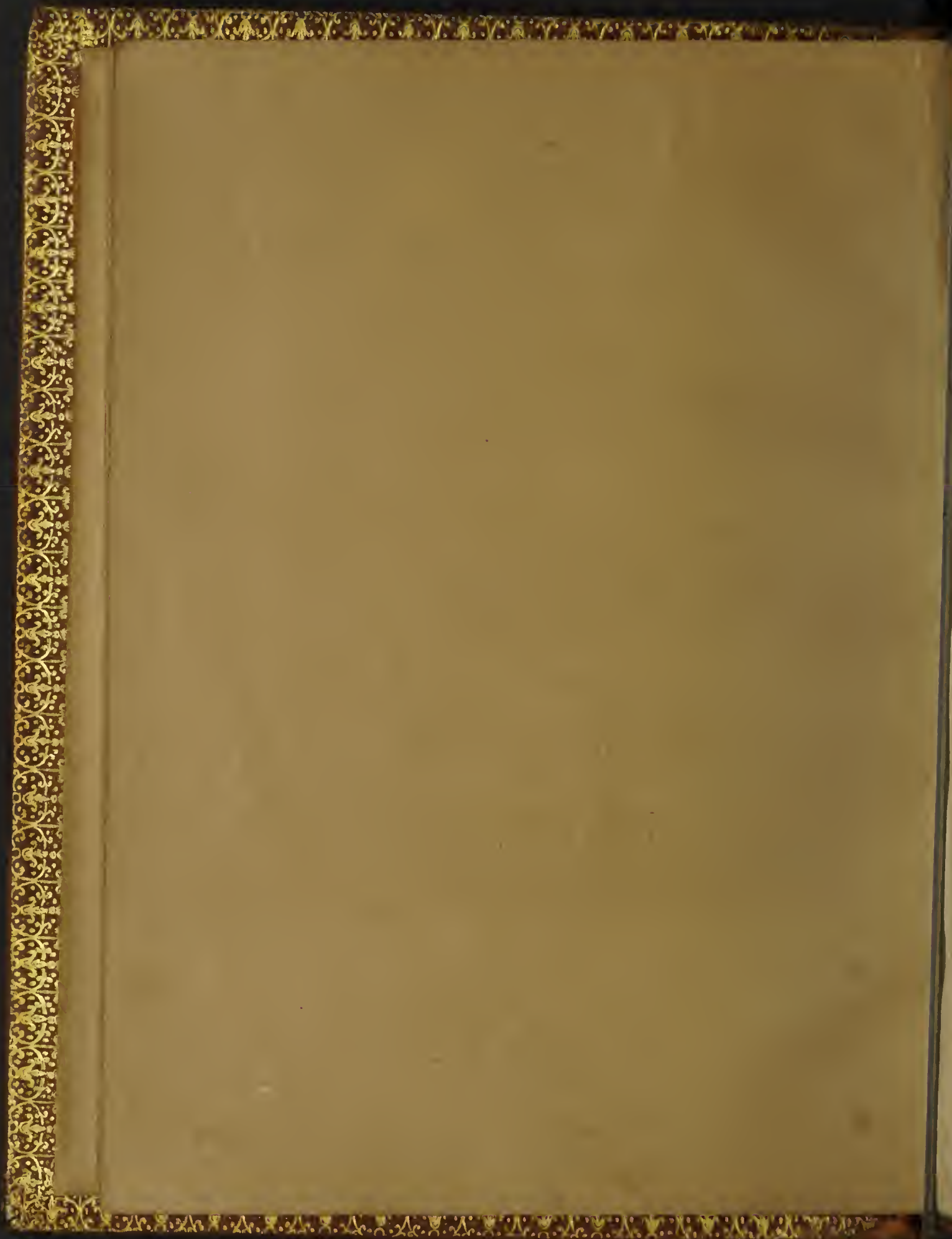
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Catherine Mary Richardson.
5 Side Cliff Road
Roker
Sunderland.



A

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Imp

Prepositas his Practise,
A Worke very ne-
cessary to be vsed for the better
preseruatiō of the Health
of Man.

Wherein are not onely most excellent and approued Medi-
cines, Receiptes, and Ointmentes of great vertue,
but also most pretious Waters, against
many infirmities of the body.

The way how to make euery the said seuerall Medicines,
Receiptes, and Ointmentes.

With a Table for the ready finding out of enery the Diseases,
and the Remedies for the same.

Translated out of Latin into English by L. M.



L O N D O N

Imprinted by Iohn Wolfe for Edward White, dwelling at
the little North doore of Pauls, at the Signe
of the Canne. 1 5 8 8.

John Wolfe

A Worke very ne-

cessary to the better
preservation of the health
of man.

The way how to make such the said General Medicines,
Receipts, and Instruments.

With a Table of the way finding out of every the Disease,
and the Remedies for the same.

Translated out of Latin into English by I. M.

John Wolfe



L O N D O N

Printed by Iohn Wolfe in Edward Whitchurch Street
at the Signe of the Starre
1618.

The signes of the waightes, which the Pothecaries vse
now a daies.

A graine.	} is thus written.	Gra.
A scruple.		ʒ. ʒ ʒ
ʒ dramme.		ʒ. ʒ ʒ
An ounce.		ʒ. ʒ ʒ
A pounce.		lib.
A quarter.		qr.
Halfe a quarter.		p.
ʒ handfull.		m.
Aureus.		aur.

Aureus doeth containe a dramme and a halfe.
Ana, signifieth altogether, and thus is written,
Au.

A pound.	} doth con- taine.	twelve. ʒ.
A quarter of a pound.		thre ʒ.
Halfe a quarter.		ʒ. p.
An ounce.		eight ʒ.
ʒ dramme.		thre ʒ.
A scruple.		two ob.
A halfe peny.		thre siliques.

One graine of Siliqua is as much as sixe graines of Len-
tieles, the which graine doubled sixe times, commeth to
xxxvi. and then they make a scruple, thre ʒ. makes a ʒ.
viij. drammes makes a ʒ. xvi. ʒ. makes a lib. xx. wheate
coznes makes a scruple also.

The Black Mineral.
Flowers of Sulphur (inde
Yana, mix them by grind-
ing till they become a
black Powder Dose ʒ
ad ʒ for to kill worms
and for the Itch.

1. A verie excellent medecine, taken out of Actuarius the Phisition, which the Apothecaries call Antidotum sincerum.

Take of myrrour xbiij. 3. of opium, the iuice of blacke poppie xbiij. 3. of ammoniacum bi. 3. of parsley xv. 3. of the seed of sinalage. xij. squinantum ix. 3. casia egyptia foure 3. white pepper foure 3. blacke pepper xv. 3. of the best mustard xij. 3. of storax fixe 3. siler montaine foure 3. of the thickest part of the oyntment called hedy-croy siue 3. of hony clarified as much as wil suffice in your iudgement, the quantitie of this which shalbe receiued at once, is one 3. take your storax with hony, sprinkle or cast on the oyntment dry, and seethe your opium with swete wine, and sodden to the third part, til it be as thicke as hony.

This is good against a quartaine, long aches of the head, the turning sicknes, the falling euil, ouer much waking, francy, the paine of the eyes, the rumes, the toothache, shortnes of winde, sighing, old coughes from the lunges, the pluresie, and superfluous humoys about the lunges, it causeth also the spittle to be thicke, and apt to annoy, taken with idromel, which is made of hony and water sodden together, if a man doe spit blood, then it must bee taken with alletum multum, which is made of vineger and hony, or els it ought to bee receiued with vineger mixt with water, or els with siue 3. of the iuice of knot grasse, or plantaine, howe be it yee must adde or diminish according to the strength of the patient, it is also a present remedie for the stomake, for it consumeth superfluous humours, and causeth a good appetite, it cureth the hycup, and stoppeth vomiting, it auoydeth winde from the stomake and from the lower partes, it helpeth the paine of the liuer, the yelow jaundize, and all diseases of melancoly, the griefe and heuines of the spleene, it engendreth good choler, it purgeth downward steame and choler, it doth distribute the meat digested into his parts, it prouoketh vyne, and causeth grauel in the reignes and bladder to auoide,

auoide, it cureth ilica and colica passio, taken with drinke, it moueth a man to the scole, and cureth inflamacions in short time, it doeth mitigate the gnawing and the paine of the belly, it doeth helpe and take away the ouer much stretching forth of the matrice, and when it cannot be easily taken in the mouth, then let it be ministrd with the iuyce of fenicrike at the fundement, euen so it wil take away all the paine of the lower parts, it doeth cure all diseases of the matrice, it asswageth the paine of women which laboꝝ of child, it cureth the mother and drawing bp of the matrice, and the stretching of it, it stoppeth vnnatural purgations, and purgeth fluxes of blood from the matrice, if it be taken alone or els with wine hote, we may also vse this in the gout of the fete, and in arthritica passio, which is a weakenes in the ioynts of superfluous humours, a kinde of the gout, in the beginning of diseases, we may know best the vertue of this medecine, which doeth not onely remedie all inward griefs, but also the palsie and those members which be weake and lose, if they bee therewith annointed, it doeth also recouer those which be in danger of life.

The verie wholesome medicine of Alexander the Physi-
tion, called of the Potheccaries Aurea
Alexandrina.

Take of asara bacca, y^e seed of balme, the seed of henbane, aū. which is altogether two ʒ. ʒ. of cloues, mirre, cy-
pres, opium, which is in the iuyce of the blacke popie, aū.
two ʒ. the iuyce of balme, cinamon, folium, indicum, set-
wall, ginger, cosse, curral, castia, fistula, the gumme of tra-
gantuin, spike, wilde fenel, frankencense, euphoꝝbe, storax,
calamite, cardamomum, siler montan, mustard: saxifrage,
dill, anniseede, aū. ʒ. ligny aloes, rheubarberha, the confec-
tion called alixta moscata, y^e stones of y^e otter, galanga, opo-
ponax, the fruit anacardine, masticke, bymestone vnleched,
pione, kinde holme, roses, time, gladian, penerial, both aristo-
lochia, the long and the round gentian, the outer rinde of
mandragora, germander, the berries of the bay tree, yelow

carrots, annuy, the roote of valerian, long pepper, white pepper, the wood of balme, called xylobalsamū, carawaies, ammonum, parsely, louage, the seede of rue, aū. ʒ. ʒ. fine golde and silver, litle perls, litle fishes called of the Apothecaries unguis odoratus, the bone in the heart of the red deere, the shauing of iuery, calamus aromaticus, pelliter of spaine, aū. iiii. graines of hony as much as your iudgement mete.

This is good against rumes of the head, which come of colde, the moyster and running of the eyes, the toothe ache, the head ache, if the head be therewith annointed, it doth also cure the falling euil, madnes, turning sicknes of the head, and to conclude al maner of diseases which be about þ head, it helpeth also those which be in a consumption, and those which be troubled with the cough, or haue superfluitie in the brest of humors, the gnawing and griping of the mouth of the stomake, which the Grecians call στυχοπῆν the Latines animideliquium, which is a fainting or sounding, it cureth spitting of blood, and sciatica passio, which is an ache in the hippes, or hōcull bone of humors, it allwageth also the cholicke, and scoureth the reignes, it prouoketh vyne, and cureth the strangurian, it breaketh the stone coniealed in the reignes or bladder, it taketh away all diseases of the belly, it cureth cotidians and terciar agues, taken with the iuice of sticados in the beginning of the extreme fittes of the saide agues.

- 3 An odoriferous and pleasant medicine of Roses, made of Doctor Gabriell, called aromaticum Rosatum.

Take red roses fiftene ʒ. licoras eight ʒ. ligualoes, sanders, aū. two ʒ. cinamond flue ʒ. mace, cloues aū. two ʒ. ʒ. gummy arabic, fragantum, aū. two ʒ. two ʒ. nutmegs, the greater cardamomū, galanga aū. ʒ. spinard grey amber aū. two ʒ. of muske, one ʒ. of sirup of roses as much as will suffice.

This helpeth the weakenes of the stomake, and doeth comfort all the principall parts, it hath been proued against super-

superfluous humors of the stomake, it refresheth the braine and the heart, it causeth appetite and good digestion, both to those which be sicke, and also in health.

- 4 A pleasant medicine of Cloues made by Doctor Mesues, called Aromaticum gariophilatum.

TAke of cloues seven 3. mace, setwall, galanga, yelowl sanders, litle balles of roses called trochistes, diarodon, cinamond, ligny, aloes, spikenard, long pepper, the lesse cardamomum, one 3. roses, grated licozas, the confection called gallia moscata, folium indicum, cubebes an. three 3. of amber one 3. of muske 3. ʒ. of the sirup of pomistron, as much as you iudge sufficient inough.

This cureth the stomake and the heart, it stoppeth vomiting, it doeth also consume the corrupt humors in the stomake, and nourisheth all the principall members, it causeth heat and dissolueth winde.

- 5 A confection of muske made by Doctor Nicholas, called Alipta Moscata.

TAke of the best gumme of leade, three 3. of storax, calamitie, one 3. ʒ. ligni aloes, two 3. of the fattest part of mirhe, one 3. of amber one 3. camphyre one 3. ʒ. of muske 3. ʒ. of rose water as much as will suffice.

This doeth helpe children which be short winded, and the straines of the breast, and for them that cannot keep their milke, of this we may make very excellent perfume, which noble men be accustomed to vse, it is also often times mixt with electuaries.

- 6 The making of Acacie.

TAke the plant or bzaunch of the bulles tree, with the fruit, and laie it in a vessell with water certaine daies, and so stand, then seethe it vpon the fire, and strain forth the

the liquoz, when it is strained, sethe it againe vntill it bee thicke and keepe it in fine vessels like shels, and so drye it.

Take good wheate and beat it lightly, not to small, and put it into a vessell of glasse, and set it in water, so that the water be aboue it two or thre fingers, and so let it stand by the space of a night, in the morning presse it downe well vnto the substance, of the which ammily shal be made of, descending to the bottome, after ward straine it with a fine, and cast away the bzay which swimmeth aboue, then cast forth the water softly so that nothing remaine, then drye it with a litle cotten, let this be done in sommer, and also lone drye, least it waxe soure and so corrupt, and couer thy vessell with a fine cloth, that nothing fall in after ward, and when it is drye, then reserue it in a vessell with a strait mouth, so close stopped that nothing may enter in. If ye wil make this in winter, then ye must take heede that it bee not soure, we must also prouide that it be sone drye in sommer and in winter by the sunne, or in the winde, or nigh the fire, and thus ye may make amilum of rice,

Take of rose water foure lib. benswine, sozay calamitie, cloues an. one 3. of muske and ciuet twentie graines, and of camphire two 3. some put vnto this one 3. of ligny aloes, let them bee put into a vessell of glasse, couered with a couer hauing holes in it, and then let them boile in a vessell full of water, as it were in balneo mary, which is a glasse, or an other litle vessel, set within another, on the fire, this done, straine them with a fine linnen cloth, and so to be reserued in a vessell of glasse, wherein shalbe put fiftene graines of muske, tempered with the same water, and set in the sunne, the space of fiftene daies, and then it wil proue a swete and a odoriferous water.

A medicine called Benedicta of Doctor
Nicholas.

Take of best turbith, suger aū. ten 3. diagridion b. 3. wilde
liles, roses, aū. fine 3. cloves, spikenarde, ginger, saffron,
sarafrage, long pepper, ammun, cardamomum, the seed of
smallage, salgem, galanga, mace, carrawaies, fennel, sper-
rage, kneeholme or bochers brome, gromell seed, aū. one 3.
of hony as much as wil suffice.

This doth cure the weakenes of the ioynts of humors,
which is a kinde of the gout in the foete of cold, it doeth also
purge the reignes and the bladder.

A medicine called Balsamum, artificiall, because it is
made with great art and cunning.

Take turpentine twelue 3. gummi elomi, fine 3. of rosen
thre 3. let them be melted together, and when they bee
melted mingle these pouders folowing, of aristolochia lon-
ga, two 3. of dragons blood, thre 3. make these in great pec-
ces. This medicine doth help both new and old wounds, and
chiefly those, that be about the head.

C. 11. A sweete confection of Muske, made by Doc-
tor Melues.

Take saffron, the swæte roote of dozonick, setwall, ligne a-
loes, mace, aū. two 3. white perls, silke in powder, am-
ber, red cozall, aū. two 3. f. the confection which is called
galia, aū. two 3. f. galia moschata, basell aū. ij. 3. f. f. two
rootes of behen both white and red, spikenard, folium indi-
cum, cloves, aū. one 3. ginger, cubebes, long pepper aū. one
3. f. muske one 3. two 3. make this with hony not clarifi-
ed, the fourth part of the waight of all the other.

This doth cure the trembling of the heart, and diseases
of melancholy, & those men which bee heauy without cause,
it is a remedie also for diseases about the baine, as the tur-
ning

ning sicknes, the falling euil, the wytything or plucking of the mouth or necke on the one side, and all diseases of the lungs, and shorynes of wind.

12 A confection called Hamecke, made by
Doctor Mesues.

TAke the foure kindes of myzrobolance, foure 3. rhu-
barbe. aū. two 3. agaricke, colocynthida, polipodi of the
oke. aū. eightene 3. wormewood, tyme, sene, aū. one 3. bio-
lets, fiftene 3. the flower of the harder tyme, two 3. annil-
seede, roses, fenell, aū. sixe 3. the iuice of semitoe one lib.
prunes in number threescore, of rasons, of currans & stones
taken out, sixe 3. toall these things poure in a sufficient
quantitie of wheye, & put them into a vessel of glasse, which
hath a strait mouth, and stoppe the mouth the space of five
dayes, afterwarde, let them once boile againe, and then
straine them, and dissolue into the straining thre 3. of castia
fistula, and of the fruite of the wilde date tre, called of the
Bothecaries, thamarind, siue 3. of manna or wet dewe two
3. breake them with your hands, and straine them, then
cast on suger one lib. 3. stammony one 3. 3. seeth them vn-
till they be as thicke as honny, then cast on them the pou-
der of all the siue kindes of myzrobolance, rheubarbe, the
seede of fumytery, aū, thre 3. annilseede, spinard. aū.
two 3.

This cureth all diseases which come of salt steame, cho-
ler, and chisely the ringworme, scabs, lepze, cankers, and
such other.

13 A confection for the stomacke called, cerotum
stomaticum, of Doctor Mesues.

TAke of red roses twentie 3. the leaues of wormewood
fiftene 3. of mastike twentie 3. spinarde ten 3. beate
them small, then take of virgin ware foure 3. the oyle of ro-
ses one lib. 3. and make your confection.

There

his practise.

11

There be some that doe wash the oyle and the ware, and then resolue them with a gentle fire, and afterwarde mingle them with the other, and so it is iudged to bee the better.

This doth mittigate inflammations and hote impostumes which be in the stomacke and liuer.

14 A confection for the eyes, called Collirium album, of Doctor Rhasis.

Take of white lead washed ten 3. of ammyly, foure 3. of gummi arabike, the gummi tragantum, aū. two 3. of camphuri 3. ʒ. make those in powder which be fit to be made in powder, and dissolue them in rose water, and afterwarde make thereof litle balles.

15 A conserue of Buglosse.

Take the leaues of buglosse, one lib. beate them in a mortar of stone, and then cast vpon them thre lib. of suger, make your conserue like to opiata, which is a thinne electuarie. This comforteth the stomacke, and helpeth diseases which come of melancholly, and wounding & troubling of the hart, it purgeth cholles also.

16 A conserue of the flowers of Rosemarie.

Take of the flowers of rosemarie, lib. ʒ. of suger one lib. ʒ. make your conserue.

This doth comfort a moist braine, and helpeth hard or stiff members, it purgeth also melancholie and cleame.

17 A conserue of Borage.

Take of the flowers of borage foure 3. of suger twelue 3. make your conserue according to the same.

This doth remedie the trembling of the hart, and sound

12

Propositas

ding, it purgeth also melancholie, and causeth a man to be merrie.

18

A conserue of Roses.

Take of the leaues of roses one lib. beate them in a mortar of stone, then cast vpon them suger thre lib. make your conserue after the fashon of opiata.

This doth comfort the stomacke, the hart, and all the principall partes, it doth also mollifie those partes which be hard, it purgeth melancholie,

19

A conserue of Violets.

Take of the flowers of violets one lib. beate them in a mortar of stone, and cast vpon them thre lib. of suger, make your conserue accordyng.

This doth cure inflamacions of choller, it quencheth thirst, and moueth a man to the stoule.

20

A conserue of Maidenhaire.

Take of maidenhaire one lib. beate it in a mortar, and put suger vnto it as in the other.

This helpeth the pluresie, and diseases of the brest, the lungs, and all diseases of melanchollie, and red choller.

21

A conserue of gladian.

Take of the roots of gladian one lib. seeth it in water vntill it be well sodden, afterwarde dnye it, and searce it throughe a seue, and then set it on the fire againe, and put in thre lib. of suger vnto it, make this conserue like the electuarie opiata.

This remediethe diseases of the braine, and the sinnowes and fleame.

22

A conserue of Enulacampana.

Take of the root of enulacampana two lib. seeth it wel, afterward dnye it, then searce it throughe a seue, and set it on

his practise.

on the fire againe, and put sixe lib. of suger vnto it, and re-
serue it.

This doth comfort the stomacke and the principall
members against fleame.

23

A conserue of Succory.

TAke of the flowers of succory, one lib. and beate it in a
mortar of stone, then cast vpon them thre lib. of suger.

This purgeth melancholie, and also it purgeth well
choller.

24

A conserue of Sorell.

TAke of sozel lib. .f. and beate it as ye did the other, and
cast then vnto them of suger lib. .f.

This is good to helpe cholerike persons.

25

A concoction of Quinces.

TAke of quinces as you shall thinke good, and seeth them,
take of the decoction of them thre lib. of suger one lib.
.f. seeth them well, and reserue them: some Apothecaries put
in the whites of egges when they be clarified.

An other way of making this concoction of Quinces.

TAke the seede or kirtels of quinces, foure 3. temper them
by the space of halfe a day with thre lib. of the iuice of
quinces, then boile them a litle, and straine them and cast
vpon two lib. of suger, after ward seeth them well, and keepe
them in bores.

26

A conserue of the substance of the apple
of the quince.

TAke of quinces sixe lib. seeth them, and when they bee
sodden, put vnto them foure lib. of suger, and seeth them
well, as you did before, and then keepe them in litle bores.

D. 27. A confection of Galanga of Doctor Mesues,
called Dia Galanga.

Take of galanga, lignum aloes, aū. five 3. of cloues, mace,
louage, aū. three 3. ginger, long pepper, cinamond, white
pepper one 3. ʒ. of calamint dry, of dry mint, aū. one 3. of
cardamomum, the lesser, spikenard, the seede of smallage, fen-
nel, anniseede, carawayes, aū. one 3. calamus aromaticus
one 3. of the best suger ten 3. ʒ. of hony clarified as much as
wil suffice.

This doth cure diseases which cometh of winde, and
belching which seemeth to bee sharpe in the mouth as vine-
ger; it is proued to cause good digestion; it comforteth the
functions of the stomake, and the liuer being cold.

28. A confection of Commin called
Diacominum.

Take of comin laid in vinegar, the space of a day, and af-
terward drye, eight 3. one 3. of cinamond, cloues, aū.
two 3. ʒ. black pepper and ginger aū. two 3. gra. Rue, of ga-
langa, sauerie, calaminte, aū. one 3. two 3. ammy, louage
aū. one 3. xliij. gra. long pepper, one 3. spikenard, cardamo-
mum, nutmegs, aū. two 3. ʒ. of hony as much as you shall
thinke mete.

This helpeth the stomake, and the principall partes
which be troubled with winde, it causeth good digestion, and
bringeth heat to the stomake, and to the principall parts.

29. A confection of Ambre called, Dia ambre,

Take of cinamond, adoxenic, cloues, mace, nutmegs, the
leaves of galanga three 3. the greatest cardamomum and
the lesser aū. one 3. ginger, sanders, ligni aloes, long pepper,
aū. two 3. of amber one 3. ʒ. of muske 3. ʒ. make it with
the sirup of roses, and with the water of roses.

This

This fortifieth the braine, the heart, the stomake, and all the principall parts of the members, it causeth good digestion, and maketh a man merry, and engendzeth heate in the principall parts, it is very comfortable for old men, and to those which be colde of nature and of complexion, and to women it also cureth the diseases of the matrice.

30. A confection of Perles of Doctor Nicholas, Diamargaritum Calidum.

Take of cloues, cinamond, spikenard, ligne aloes, galanga, licozas, litle balles of roses, called trokisti, viarodon, litle balles of violets aū. one 3. ꝑ. nutmegs, mace, the confection of muske, setwall, rhubarbe, storax calaminte aū. one 3. perles, ginger, the bone in the heart of the red deere, the shauing of iuery, litle fishes, which the Apothecaries call brignis odoratus aū. 3. ꝑ. muske, amber, cardamomum, longage, the seede of basel aū. one 3. two gra. of camphire, sixe gra. of hony, rosatum, as much as wil suffice.

This doth cure the weaknes of all the bodie, sounding, and fainting, both of the stomake and the heart, it comforteth the liuely parts of those which be pensifful and sad, sighing, or haue the cough, or be in a consumption, it also recovereth those which be weake of long sickness.

31. An other confection of Perles, called Diamargaritum Frigidum.

Take of all the kindes of sanders, the floures of roses, the floures of violets, the seed of millions, litle bales of roses called trokisti, viarodon, silke made in poudér, aū. two 3. the bone of the heart of the red deere, spodie, voynoniche, the roote of both behen, the white and the red, spikenard, saffron, aū. two 3. perils, shauing of iuery, saphire, floure gentle, iacint, emerode, seede of sorrell, seede of endiue, ligni aloes, a graine of amber, aū. 3. ꝑ. of fine gold one 3. camphure one 3. of muske two grains, mire them and make thereof a poudér.

32. A confection called Diacomeron.

Take of y^e grosse lenis, ginger, aū. v. 3. one 3. sixteen grains, of cinamond, of the best clones, aū. three 3. one 3. sixteen grains, as much of the substance of dates, galange, spike, nard, set wall, cost, the pellitorie of spaine, white corall and red, of the gumbe fragantum, rha, spike, the fruit anacardim, the stones of dates, the seede of balne, annised, iuni, per seede aū. one 3. two 3. eight grains, shauing of golde, the bone of the heart of the red deere, aū. two 3. ʒ. shauing of iuery, of muske, aū. one 3. graine sire of amber, one 3. of hony, roset, as much as you shal thinke best, this confection is not made of some Apothecaries, noz it is not greatly bled, yet other some chiesly do occupie it very much.

This wil recover a man from danger of death vnto life, it also helpeth those which be short winded, or haue any disease in the winde pipe, or the cough, or bee in consumption, it cureth all diseases of the brest and stomake, the dypisie, pain in the reigns, it bringeth mirth, & causeth a man to bee lustie and fat.

33. A confection of Roses, called Diarodon Abbatis.

Take of sanders red and white, aū. two 3. ʒ. of gumbe, fragantum, gumbe arabicke, spodie aū. two 3. asarabacca, massicke, cardamomum, saffron, spikenard, the iuice of licozas, clones, muske, annised, fennel, cinamond, rhubarbe, and basel seed, barberies, seed of wilde succory, seed of purselin, seed of white poppie, seed of gozds, colwumbers, millons, cytrons aū. 3. ʒ. perles, the bone of the heart in the red deere, aū. 3. ʒ. suger candie, roses, aū. one 3. three 3. of camphyre eight grains, of muske one 3. gra. ʒ. make this with the sirup of rose water.

This doth helpe the yelowe iaundise, the weaknes of the liuer, consumptions, & diseases about the hart, & those which be troubled with a heat about the stomake, lunges, or the whole bodie, and also those which recover from long and hote agues.

34 A confection of Calamintes, of Doctor Nicholas,
Diacalamintes.

Take calamintes, peniriell, hisop, blacke pepper, silar
motan, parsely, aū. thre 3. two 3. of louage one 3. one
3. of smallage, ammy, time, dill, anniseed, cinamond,
ginger, aū. two 3. of hony as much as wil suffice.

This doth cure faultes of the stomake which come of
cold, and causeth digestion, and chiefly in old men, it taketh
away the cough which commeth of cold causes.

35 A confection of the three peppers, of Doctor Ni-
cholas, called Diatrion Pipercon.

Take of the thre pspers eight 3. ʒ. ginger, time, anni-
seed aū. thre 3. spikenard, ammy, amomum, cinamond
aū. aur. one cassia fistula, siler montan, enula campana,
dyll, aū. aur. ʒ. make it with hony clarified.

This doth engender heat in the stomake and the belly,
it remedieth all paine of flegmatike causes, it purgeth the
stomake of raw humors, and helpeth digestion.

36 A confection of hore hounde of D. Nicholas called
Dia Prasium.

Take of greene hore hounde sue 3. ʒ. fragantum, piaples,
sweete almonds of fistici, which is a kinde of nattes, the
substance of dates, moist figges, raisons, of currants, the
stones taken forth, aū. thre 3. ʒ. cinamond, cloues, nut-
megs, mace, galanga, ligny aloes, spinard, ginger, setwall,
licoriz, rha, anacardin, storax, calaminte, galbalum, turpen-
tine washed, of masticke, mirhe, slowzedeluce, aristolochia
rotunda, the roote of sipers, blacke pepper, anniseed, dyll, fen-
nell, seede of smallage, parsely, sarefrage, aū. two 3. wilde
lylies, organy, wormewood, squinantum, cardamomum,
white pepper, carawaies, louage, daisie, aū. one 3. ʒ. gra. two
ʒ. pelitary of spaine, water mint, peneriell, dittan, coste, sa-
uery,

uery, basill, piony, long pepper, ammomum, ozobus, aū. one
 3. two gra, thre 3. the wood of balme, casia fistula, cozall,
 shauing of inery, seed of balme, yelow carrot, aū. 3. p. muske,
 amber, the bone in the heart of the red deere, aū. iiij. gra. of
 hony clarified as much as shall be sufficient, and make it af-
 ter this soyme following: Put in foure lib. of clarified hony
 five 3. of greene hore hounde beaten, and yong piapilles
 pared, put also vnto them thre 3. of the best old wine, and
 let them boile together, with a soft fire, vntill the wine bee
 consumed, let your dry figges bee made cleane within and
 without, dresse likewise your dates, and let your raisons
 bee picked, dresse likewise your pineapples, your almonds,
 and your nattes fittise, drye euerie one of them by them-
 selues, afterward beat them in a morter wherin they were
 befoze, and mingle them with these spices which wee haue
 spoken of befoze.

This doth cure the weaknes of the stomake, and chief-
 ly rumes, and the bzaine of cold, the turning sicknes, the
 eye sight, and the winde pipe which is troubled with grosse
 fleame, it doth also mitigate the paine of the toothe ache.

37 A medicine of Floredeluce, called diaires
 Simpleisis.

Take of the flowredeluce one 3. suger candie, fragantam
 cold, which is a roote, aū. thre 3. mingle them & make
 them in powder.

38 An other medicine of Flowredeluce,
 diaris Salomonis.

Take of flowredeluce, one 3. penertall, isope, licozas, aū.
 six 3. the gumme fragantum, almonds, pineapples, and
 cinamond, ginger, pepper, aū. thre dry figges, the sub-
 stance of dates, raisons, of cozants picked, aū. thre 3. p. flo-
 rar red two 3. one 3. of hony as much as will be sufficient
 for your purpose.

This

This is good against the cough and shortnes of winde,
and it also restoreth the speech lost.

39 A medicine of gumme Tragantum, called Dia-
tragacantha Calida.

Take of the gumme tragantum, and hisope, aū. foure 3.
pineapples, both the kindes of almonds blanched, linsed,
aū. fixe 3. the seed of fenikrike, cinamond, aū. 3. ꝑ. licozas,
and of the iuice of it, ginger, aū. two 3. make a powder of
these.

This is ministred in the hardnes and straitnes of the
brest, which commeth of grosse and cold causes.

40 A medicine of the roote of Traganti, called
Dia tragacantha Frigida.

Take of the white tragantum two 3. gummy arabicke one
3. two 3. amili 3. ꝑ. of licozas two 3. of penidis three 3.
the foure greater cold seedes, pared and picked aū. two 3.
of camphire, 3. ꝑ. of the sirup of violets as much as will suf-
fice.

This doeth cure all diseases about the lunges, the brest,
and chiefly those which bee in a consumption and ill liking,
the pluresie, the cough, and those which be hote and dry, the
roughnes of the tong and the throt, let the pacient hold it in
his mouth, and swallow it downe when it is melted.

41 A confectiō of Mulberries, of D. M. called
Diamoron Posno.

Take of the iuice of mulberries, lib. ꝑ. the iuice of blacke
berries, one lib. of hony, lib. ꝑ. sodden in swete wine to
the third part of three 3. make it after this forme, let your
iuice boyle with your hony and sweet wine, with a soft fire,
in a vessell of brasse or tin, untill it be wel sodden, & to know
when it is well sodden, yee must take a droppe of it and

laie it vpon a marble stone, if it will bide vpon the stone, and cleaue like hony, the stone turned vpside downe, then it is well sodden, this done, straine it and keepe it in a vessell of tinne.

This is good against sores in the throte, and all kindes of swelling.

A confection of blacke Poppie,
Dia Codion.

Take ten heads of blacke poppie, not too great nor too small, nor too moist nor too dry, cast on them, two lib. $\frac{1}{2}$. of raine water, and if they haue more moisture then dries, let them lie in the water a day and a night, but if they bee drier, then let them lie longer, then after this, seethe them vntill halfe the water be consumed, and so straine it.

This is ministred in all fluxes, and chiefly in the bloodie fluxe, with the decoction of raine water, in the which spodie hath been sodden in, or with rose water, it doeth also stop the flux of meate vndigested, which the Physicians call lienteria.

A confection of Poppie white, D.M.
Dia Papauer.

Take of white poppie, siue and twenty 3. sweet almonds blanchd, the graines or kirkels of pineapple, and gum arabicke, gumme tragantum, the iuice of licozas, an. ten 3. of annisi foure 3. the seede of purselin, the seede of lettuce, kirkels of quinces, an. foure 3. of saffron, one 3. of penides foure 3. take of the sirup of poppie as much as will bee sufficient.

This helpeth those which bee in a consumption, and those which cannot sleepe.

44 A confection of saffron called, dia curcuma.

TAke of saffron asarabacca, parselcy, yealow carrots, and seede, the seede of smallage, an. foure 3. rhubarbe, and wilde fennill, spikenard, an. sixe 3. cost, the berries of myrtill, casia fistula, squinantum, the seede of balme, madder, iuice of woymeewood, iuice of egrimonie, iuice of balme, an. two 3. calamus aromaticus, cinamon, an. one 3. f. wilde garlike, ceterac, the iuice of licozas an. two 3. f. the gum fragantum, one 3. make it with clarified honny.

This cureth olde diseases, and the euil liking and deformitie of the bodie, when the meate being receyued, doth not nourish but is corrupt in the bodie, it also helpeth the dropsie, the diseases of the liuer, and the spleene when they be hard, or indurat, it purgeth the stomacke of corrupt humors, cold and windie, it purgeth and mitigateth paine in the raines and bladder, it prouoketh vyne.

45 A confection of the hearbe Saturion, dia Saturion.

TAke the roote of saturion which is like stones, the garden parsnip, the nut of inde which is called of the Apothecaries, fistici, stirwits, cloues an. twelue 3. ginger and seed, roket, of birdes tongue or styck wozte, siue 3. cinamon, the tailles of small crocodilles in the riuer of Nylus of the same kinde that the crocodilles of the earth be on. crow garlike, two 3. f. of siue gra. make it after this forme, put the roote of saturion in so much clarified honny as will suffice, let also your parsnips and stirwits be well beaten by themselves, then put them into the same honny, and stirre them well, and let it seeth a certain space, then mingle with them your principals, your nuts fistici, first well stamped, when they haue boiled a litle while, then take them from the fire, and put vnto them the pouder of the spices, and at the last put in your muske with rose water.

This both restore and fortifie the weakenes of the raines

raines of the bladder, it prouoketh vyne, and moueth a man to venere.

46 A confectiō of prunes Do. N. dia prunes.

TAke a hundreth of damsons, and put them in a vessel of tinne, with so much water as will couer them well, and let them boile till they be soft, then take them from the fire, then let them stand till the water be luke warme, then take them out of the water, and put them into a saue ouer a great vessell, and chafe the prunes so long with your hands that nothing remaine but the stones and the skinnes, then put into the water the which the damsons were sodden in before one ʒ. ʒ. of violets, and boile them, and make a sirrop with two lib. of suger, into the which sirrop, put the substance of the prunes, and let them seeth vntill they be thicke, then put into the same water one ʒ. of cassia fistula waled, put also thereto one ʒ. of the fruite thamarinde dissolued and strained into the water, remember also that you boile in the same water of prunes, one ʒ. ʒ. of violets, and seeth them well, stirring them continually, and when they bee well sodden, then take them from the fire, and sprinkle on these pouders following: saunders, spody, rhubarbes, roses, violets, the seed of purselyn, the seede of succozy, barberies, the iuice of licozace, the gumme fragantum, añ. two ʒ. the foure gileter colde seedes, añ. one ʒ. if you will make it laxative, put vnto euerie pounce when it is taken from the fire, ʒ. ʒ. of scammony, dia prunes, not loosing, is ministred in hote and burning agues, chiefly in sinocho which is a continual feuer of corrupt humors, in this ague it may safely bee giuen in the beginning, increase, and at all times, and without diagredion it may bee giuen at all houres of the day, with diagredion, in the morning, but circumspectly because it is verie laxative.

A con-

47 A confection of dates, of D. M. dia
phenicon.

Take of dates infused in vinegar three dayes and three nights, sixe 3. two 3. of penidis which be litle wrythes of suger dissolued in a decoction of barley three 3. one 3. of almonds blanchèd, fiftene 3. of turbith two 3. ʒ. of stamony sixe 3. ginger, long pepper, the flowers of reio dyed, cinamond, mace, galanga añ. one 3. graines fiftene, beate them well, and make them with clarified honney.

This doth cure mixt agues of diuers humors, the cholike, and the paine in the bellie, it also purgeth raw humors of colde.

48 A confection of garden Saffron, called
dia cartamum.

Take of the roote of fragantum 3. ʒ. the substance of quinces one 3. the thickest of the chyues of saffron, foure 3. of white ginger, two 3. dia gridion three 3. white turbith sixe 3. Hanna or sweete dew, Heliosatum, which is a confection of Hony and Roses strained, one 3. of suger, eight 3. wilde lylies, foure 3. and make a lectuary putting vnto it as much hony as will suffice.

This is good to purge choler and steame.

49 A singular confection of corall, called
dia corallium magistrale.

Take of the spices of the confection diarsodon abbatis, which we did speake of before, foure 3. of both corals, little peeces of perls añ 3. ʒ. beate them into fine powder, and put vnto them of suger resolued in water of roses, seven 3. ʒ. and make them into small peeces.

This doth comfort the heart, the stomacke, and chiefly those that haue beene long sicke and colde.

50 A con-

50 A confection of Casia fistula for glisters.

Take of the flowers of violets, the leaues of mallos, mercurij, pariatory, an. m. of the common wormewood. m.
 .℥. take all these greene and young, and make a decoction thereof, with a sufficient quantitie of water, then straine them and presse them with your hands, in the stirring you must dissolue one pound of casia fistula, and one lib. .℥. of the best honny.
 This purgeth and moueth a man to the stoule, it is verie expedient for tender and delicate persons, because it is gentle in operation.

51 A confection of Sene, of D. N. called
 dia Sene.

Take of light aloes, cloues, galanga, nutmegs, folium indicum, mace, cinamon, an. two 3. the stone lazare, the stone armenicke an. two 3. .℥. take of sene twice so much as of all the other, of saffron one 3. of silke not dyed nor coloured, but as it cometh from the silke wormes, made in powder, an. two 3. of the shauing of Quory. spody, anacardine, the bone in the hart of the red Deare, litle fishes called bignis odoratus, an. two 3. wilde lillies, one 3. the berries of myrts gentian, the berries of the bay tree, elleborus, niger or beare foote, an. two 3. wallnuts made in powder, fiftene in number, of amber two 3. of honny as much as will suffice: and to heale the lepze, some Physicians mingle with these serpents, flesh.

This doth remedie all diseases of melancholy, and madnes, cardiaca passion which is a gnawing and a griping about the stomacke, it taketh away heauines, quartaines, and diseases of the spleene, this confection is not greatly vsed among Physicians.

52 A confection for the brest, called decoction
 pectoralis.

Take of dry hysope, maidenhaire, figs, dates, sebesten, raisons, of corans, barley, licorace, an. equall partes,
 boile

boyle these together with a sufficient quantitie of water, then straine them and reserue them.

This doth allwaie all paines about the brest, it cureth also the cough and hoysenelle.

53

A common decoction called
decoctio communis.

TAke of pynes, wilde dates, reions, of cozance, violets, liquirice, barley, aū equall parts, boyle them in a sufficient quantitie of water, so straine them and keepe them.

This is much vlsed in hot agues and other hot diseases, and when the time is hot, and to temper medicines which be receiued in such hot agues and times, this decoction is chaunged accoꝝding to the diuersitie of diseases, because some be hotter than other.

E. 54. An electuarie which the Potheccaries
call Catholicum.

TAke sene washed, cassia fistula washed, thamarind, aū. eight ʒ. rhubarbe, violets, polipodi, annisseed, aū. foure ʒ. of lichozas scraped, peuidis, sugercandie, aū. foure ʒ. the fowze greater cold seedes, aū. one ʒ. take a pounce of polypodi, and beate it and seeth it well in water, straine it, then make a syrope with eight. lib. of sugar, temper your cassia fistula and the fruite of the thamarind together, and when the decoction is almost made, put them in with the other spices, and make an electuary thereof.

This is ministred in hot and burning agues, because it doth mollifie, disperse, and comfort, it doth also cure diseases of the liuer and the spleene.

D

An electua-

55

An electuary of the iuice of
roses of D. M.

Take of sugar and the iuice of roses, aū. one lib. foure 3. of ʒ thre saunders aū. ʒ. ʒ. of camphyre, one 3. temper it after the forme of a lectuarie, with a sirroppe made of the same sirroppe of roses.

This doth purge choller easily, and healeth hote diseases in the ioyntes, the head-ach, the turning sickness, the paine of the eyes, and it hath bene proued against the yellow jaundis.

56

An electuarie of flwort, which the Potheccaries call Psillum of D. N.

Take of the iuice of buglosse, both the garden and the wilde, the iuice of endise, the iuice of smallage sodden altogether and fined, aū. two lib. cast vpon them the seede of dodder, annised, the coddies of sene, aū. 3. ʒ. of maidenhaire, one m. the iuice of fumitore thre 3. of asarabacca foure 3. spiknarde, two 3. let them lye a day and a night, and then set them on the fire, and suffer them once to boile, then cast vpon them thre 3. of violets greene or dye, foure 3. of the harder tyme, two 3. boile them once againe with a soft fire, then straine them, and when they bee strained, put vnto them thre 3. of flwort, and let them stand all a day and a night, but yee must stirre them continually, this done, presse forth the stying sappe of them, and take foure lib. of it, and put vnto it two lib. ʒ. of fine suger, of scamony rosted in an apple, thre 3. ʒ. after this set it on the fire againe, seeth it a litle, and then put in litle balles of roses which the Potheccaries call trochisti diaredon, of litle balles of spody, and of rhubarbe, aū. one 3. balles of barberies 3. ʒ. then make your asarabacca into a grosse pouder, that it may bee the more laxatiue, you may also

also put vnto this confection, greene violets, and dye saunders.

This purgeth yelow choller, and it helpeth the turning sickness of the heade, which cometh of a chollerike humoz.

57

An electuarie of D. N. called
Inde maioris.

Take cinamoni, cloves, spiknarde, roses, casia fistula, mace, cypresse, aū. foure 3. yelow saunders, two 3. ꝑ. ligni aloes, nutmegs, aū. two 3. turbith, one 3. of suger, penidis, aū. twentie 3. galanga, cardamomum, asarabacca, masticke, aū. one 3. ꝑ. of scammony, twelue 3. beate all these together with the oyle of almonds, then take of the iuice of quinces, pomgranades, of the iuice of snallage, fennill aū. one lib. ꝑ. seeth these iuces with clarified honny, untill they be thicke, and then make the electuarie with the other spices.

This doth purge superfluous humors, and chiefly flegmatike and corrupt humors in the stomacke, and in the other principall partes, it dissolueth winde, and cureth those diseases that come thereof, as the paine of the stomacke and of the inwarde partes: the chollicke and the paine in the reines, it doth also consume corrupt humors in the iointes.

58

An electuarie to comforte the stomacke,
called Electuarium comforta-
tium stomachi.

Take of the graines or the stones of the myrte tree broken finely, twelue 3. of roses, spody, manna, which is the flower of frankincense, of 3 three pepers, of yelow saunders, the flowers of 3 wilde pomgranad, gumme arabycke, aū. one 3. ꝑ. the graines of the pomgranade made in pow-

der seuen ʒ. of coꝝyander, infused in bynegger, and made in powder, soure ʒ. the seede of soꝝrell, plantan, the seede of roses, aũ. two ʒ. breake them all well, and rubbe them with your hands, then put them into the water of soꝝrell, and so make your electuary.

This doth comfort the stomake and the inward partes, it stoppeth the laske which commeth of too strong a purgation, it moueth a man to meate.

Take of white pearles two ʒ. little peces of the saphyr, Zasynd, cornelyn, pomgranade, emeraude, aũ. one ʒ. ʒ. setwall, the swete roote dozonicke, the rinde of pomcitron, mace, the seede of basell, aũ. two ʒ. redde coꝝrall, amber, shauing of iuery, aũ. one ʒ. two ʒ. the rootes of both behenes, both the white and redde, ginger, long peper, spiknard, folium inditum, saffron, cardamomum, aũ. one ʒ. little balles of roses which the apothecaries call trochiski diarodon, ligni aloes, aũ. five ʒ. cinamon galinga, ʒ. ʒ. ʒ. ʒ. beth a kind of setwall, aũ. one ʒ. ʒ. tyme, peales of golde & siluer, aũ. aũ. ʒ. of gald muske ʒ. ʒ. make your electuary with honny of amblicoꝝum, which is a fourth kind of myꝝ, robolance, and with roses strained with equall partes, as much as will suffice.

This helpeth colde diseases of the bzaine, the heart stomake, and the matrice, it is a medecine pꝛouided against the trembling of the heart, and fainting and souning: the weakenesse of the stomake, penſſueneſſe, solitarineſſe, kings & noble men haue vsed this foꝝ their great comfort, it cauſeth them to be bolde spꝛyted, the body to smell wel, and engendꝛeth good colour.

- 60 An emplaister which the Potheccaries call, Diachilum Album Commune.

Take of fenigraee, linsæde, the roote of holioke, presse out of all these the slimy sappe, and take of it one part, and of litharge beaten wel, and clenfed from the dross, one part and a halfe, of old and cleare oyle, of oyle 3. parts: beate the litharge and the oyle long in a mortar of stone, with a pestle of yron, then boyle them on the fire softly, stirring them vntil the litharge runne togither, then take it from the fire and suffer it to coole, after this take the slimy sappe and boyle it once, then cast by litle and litle the slimy sappe vpon the litharge and the oyle, and beating them well with a pestle til they be mixt togither, afterward seethe them on the fire till they bee thicke, you may put vnto this emplaister the fine powder of slowedeluce, and you may vse for your common oyle which is sallet oyle, the oyle of slowedeluce, some mingle with this, of the slimy sappe of melilote.

This emplaister is very good against impostumes and hardnes of the liuer, and the splene, the stomake, and swelling about the throat, and all hardnesse in any place.

- 61 An emplaister which the Potheccaries call, Diachilum Paruum.

Take of litharge fixe 3. of old and cleare oyle one lib. of slimy sappe, of slowort saure 3. the slimy sappe of henbane, one 3. p. the slimy sap of linsæd, the slimy sap of the rootes of malloes, an. two 3. make your emplaister accordingly.

This emplaister doth resolute and ripe swellings which come of heat, and all impostumes.

- 62 An emplaister which the Potheccaries call, Diachilum magnum.

Take of litharge broken and sifted, twelve 3. oyle of slowedeluce, oyle of camomile, oyle of dill, an. eight 3. of the slimy

Slimy sap of linsæd, & slimy sap of fenigreeke, & rootes of holi-
hock, & slimy sap of moist figs, the slimy sap of raisons, of co-
rants, the iuice of isope, the slimy fat of & belly of the great fi-
shes, aū. twelve ʒ. ʒ. turpentine three ʒ. the gum of the pine,
apple tree, yelow ware, aū. two ʒ. make it after this fashi-
on, beate your litharge and the oyles which wee did speake
of before, in a mortar of stone, with a pestle of iron, the space
of halfe an houre, then let them boyle with a soft fire, stir-
ring them continually till they bee thicke, then take it from
the fire and let it cole, afterward take the slimy sappes and
the other and boyle them untill they bee hard, then take it
off, and laie it vpon a marble stone, and make it in great
peeces.

This emplaister is stronger in operation than the o-
ther, and better to ripe and to resoluē all hardnesse and in-
flamations.

63 An emplaister of slimy sappes, called Empla-
strum, de Mucilaginibus.

Take of the slimy sappe of the seede of holihocke, linsæde,
of the inner rinde of an elme tree, of fenigreeke, aū. foure
ʒ. ʒ. of the oyle of camomil, the oyle of lilies, oyle of dill, aū.
one ʒ. ʒ. of ammoniacum, galbanum, cypopinax, serapium,
aū. ʒ. ʒ. of new waxe twenty ʒ. of saffron two ʒ. turpentine
two ʒ. and make your plaister accordingly.

This emplaister mollifieth all hardnesse.

64 An emplaister for the stomake and
the liuer.

Take of ligni aloes, wormewood, gummi arabicke, ma-
sticke, cypres, coste, ginger, aū. ʒ. ʒ. calamus aromati-
cus, of the finest franckensence, aloes, aū. three ʒ. three ʒ.
cloues, mace, cinamond, spikenard, nutmegges, the confec-
tion which the Pothecaries doe call gallia moscata, squi-
nantum,

his practise.

31

nantum, aū. one thre 3. \mathfrak{f} . mingle all these together with the confection which the Apothecaries call myua aromatica, which is made of quinces, peares, and such like binding things, laie all these vpon a cloath, and perfume them with the wood of aloes.

This emplaister doth comfort the stomake, the liuer, and encrease heat.

65

An emplaister of Bayberries, of Doctor Mesues.

Take of fine frankensence, and masticke, mirrhe, aū. one 3. the berries of the bay tree two 3. of cipres, coste, aū. 3. \mathfrak{f} . take of clarified hony as much as will suffice to make it thicke, then spread it vpon a cloth and so laie it to the soze.

This is a verie excellent plaister against the dropsie, and to assuage all swellings of winde, if yee will triple the quantitie of cipres, and put it vnto the plaister, also a little quantitie of colwes doing, or goats doing dyde, doth also assuage all griefes which cometh of cold, winde, & chiefly the paine of the stomake and belly, the reines, matrice, and the bladder.

66

An Emplaister of Melilot.

Take of melilot, fixe 3. the floures of cammamille, the berries of the bay tree, the roote of holt hock, worme wood, aū. foure 3. the seed of smallage, wilde carawaies, flowerdeluce, cipres, spikenard, casia fistula, annisi, anniseede two 3. \mathfrak{f} . margeram thre 3. ammonium ten 3. Roze calamite, bdelium, aū. fixe 3. turpentine one 3. \mathfrak{f} . moist figges in number twelue, the fat of a goat bucke, rosen, aū. two 3. \mathfrak{f} . waye fixe 3. the oyle of margeram, the oyle of spikenard, as much as will suffice to beat them in.

This emplaister doth mollifie all hardnesse of the stomake, the liuer, the spleen, and all the inward parts.

An

67 An emplaister of Waxe, of D. N. called Empla-
strum Ceroneum.

Take of piche which is about shippes, pressed or strained
thzough some thing, of ware, aū. 3. thze 3. of serapinum,
two 3. of ammoniacum, turpentine, dze pitch, saffron, aū.
3. thze 3. aloes, frankensence, mirhe, aū. one 3. oppoponar,
stozar calamits, galbanum, masticke, allom, fenigreke, aū.
thze 3. of the dzeegges of stozar liquide, which the Dotheca-
ries call stact, bdellium, aū. thze 3. of litharge, one 3. f. make
it after this wise, first beat your serapinum, galbanum, the
gumme oppoponar, ammoniacum a litle, and temper them
with wine, then boyle them untill the wine be halfe consu-
med, then set it on the fire againe in a vessell of stinne, and
when it shall begin to boyle, put vnto it your pitch, and
stir it well untill it bee melted, and when it is melted, put
ware vnto it, & that being molten, put in of dze pitch which
the Dothecaries call colophonias, then stozar beaten small
with a hotte pestle, must bee put therunto, afterward ma-
stick, frankensence, mirhe, bdellium, and sone after these, put
in turpentine, allom, litharge, and last of all fenigreke, when
it is sodden, powze it vpon luke warme water, and incont-
inently take it forth againe, and presse it with your hands
till all the water be forth, this done make your pouder of a-
loes, soft mingled with the oyle of lawzell vpon a marble
stone, take and make of all mingled together, balles or great
pieces, with pouder of saffron, your hands to beeointed
with the same oyle of lawzell.

This emplaister taketh away all paine which caused in
spitting, the grieve of the stomake which cometh of cold, it
doth also disolue congealed humors in the stomake, and the
hardnes of the splene, it healeth the dropsie which cometh
of the coldnes of the liuer, and also the coldnes of the matrice
if it be laid vpon it.

An

68 An Emplaister of Vineger and Saffron, D.N.
called Emplaistrum Oeticroceum

Take pitch which is about ships, saffron, dry pitch or colophony, of ware aū. foure 3. turpentine, galbanum, ammoniacum, mirhe, fine frankensence, masticke aū. one 3. three 3. make it thus, breake a litle your galbanum, and ammoniacum, then laie it in vineger the space of a night, in the morning set it on the fire and melt it, and when it is melted, straine them and seethe them till the thirde part of the vineger be consumed, then put in your pitch being pressed and strained before, & when it is melted put in ware, the which also melted, put in the dry pitch or colophony, and turpentine, and some after, masticke and fine frankensence and mirhe, stirring it alwaies from the beginning vntil the end, when it is sod, put it into cold water, and when yee take it forth, presse it with your hands till the water be forth, afterward wash it vpon a marble stone annointed with oyle, and make it soft and gentle, then cast vpon it the powder of saffron, and so make you it in great peeces.

This cureth broken bones, and allwageth all griefes in what part soener they be of the bodie, it also mollifieth hard impostumes in any part of all the bodie.

69 An Emplaister which the Potheccaries call,
Ianua, D. M.

Take of the iuice of ielosloures, the iuice of plantain, the iuice of smallage, aū. lib. of ware, rosen and turpentine, aū. lib. ʒ. make of this an emplaister.

℞

An

70 An Emplaister which the Pothecries call, *Gra-
tia Dei*, of Doctor Nicholas.

Take turpentine, one lib. rosen, one lib. white ware foure
3. masticke one 3. of veruen, gelosoures, pimpernell, aū.
one m. beate these hearbes, and boyle them in strong white
wine vntill the third part bee consumed, and then straine
them and cast away the substance of the hearbes, then put
vnto the iuice strained, ware, rosen, masticke, and let them
boyle, stirring them till they be thicke, then take them off,
and put in turpentine, and mingle all together, and make
this your plaister.

71

An Emplaister against Rup-
tures.

Take of the pitch about olde ships, of aloes, aū. two 3. of
litharge, of redde ware, dry pitch or colophony, galba-
num, ammoniacum, aū. two 3. mistleto of an oke, sixe 3. of
chalke or plaister, of both aristolochia longa, and rotunda,
mirrhe, frankensence, aū. sixe 3. turpentine two 3. of the
common wormes of the earth, of oke apples foure 3. of com-
phery, of the daisie, of bole armoniacke aū. foure 3. the blood
of a man, one lib. make it thus, put the mistleto in first to
the water, and suffer it to boyle long, in a decoction where-
in a rammes skinned was sodden in, and let it seethe the
space of a day and a night, then take it from the fire and put
vnto it turpentine, litharge, dry pitch or colophony, mastick,
and white frankensence, mirrhe, galbanum, ammoniacum,
and sone after camphory, and daises, chalke or plaister,
bole armoniacke, after this, set it on the fire againe, & put in
the blood of a man, & both aristolochia, and last of all, aloes,
you must stirre it continually, when it is well sodden take
it from the fire, yee shall see and know it to bee well sodden,
when it will not cleave nor sticke vnto your fingers, then
laie

laie it vpon a marble stone annointed with oyle of violets, and make it soft with working and labouring it with your hands, and after this, yee must beate it in a moztar two daies or thre continually, and then reserue it.

72 An Emplaister of D.N. which the Pothe-
caries call, Diuinum.

TAke of galbanum one ℥. two ℥. of ammoniacum, thre ℥. of oppoponar, one ℥. of litharge, one lib. ℥. of new ware, eight ℥. of oyle of lilies, one lib. ℥. fine frankensence, one ℥. one ℥. of mirrhe, one ℥. one ℥. of greene brasse, one ℥. of bdellium, two ℥. of aristolochia longa one ℥. of masticke one ℥. of aymentes, a kinde of chalke, foure ℥. mingle all these together, and make an emplaister.

73 An Emplaister for the Matrice.

TAke of the roote of cinkfoly, one lib. of ligni aloes, yelow sanders, nutmegges, barberries, of the floures of rosemary, or roses, aū. one ℥. of cinamond, cloues, squinatum, the floures of camomile, aū. ℥. ℥. masticke, fine frankensence, a confectiō which the Potheccaries call, alixta muscata, and an other which they call galia moscata, of storax calamita, and storax liquida, which the Potheccaries call stacte, aū. thre ℥. fine muske, ℥. ℥. of ware one lib. ℥. of turpentine lib. ℥. the gumme of, lade, foure lib. of pitch about old ships, thre lib. make an emplaister therof.

74 An Emplaister of red Leade.

TAke of the oyle of swæte roses, one lib. ℥. the oyle of myrtle tree, the ointment populeon, aū. foure ℥. of hennes grease, two ℥. the tallow of an oxe gelded or of a colwe, aū. lib. ℥. swines grease seuen ℥. litharge of gold and siluer, aū. thre ℥. ℥. of white lead foure ℥. of red lead thre ℥. of turpentine

fine tenne 3. of ware as much as will suffice to make your plaister according to the art thereof, somewhat blacke.

This doeth heale great and olde sores as it hath been pzooued, by the auncient Chirurgeon, Iohn de Vigo.

75 An Emplaister of white Lead, Emplastrum de Cerusa.

Take of the oyle of roses, two lib. of white leade, foure lib. of white ware, fire 3. make an emplaister thereof.

This is a very good plaister against all sores which come by reason of the heate of the Sunne, or by any other hott causes, or against rubbings, gallings, or excoriations of heate.

76 An Emplaister of dates of D.M. Emplastrum Palmeum.

Take litharge of gold, three lib. of oyle olive, the grease of a yong hogge, an. one lib. ʒ. of greene coppers foure 3. buddes or toppes of date trees, seethe them altogether on the fire, and stirre them continually with a stick of the same date tree, if yee cannot haue the buddes nor the tops of the same, ye may take the rootes of reedes.

This is a verie excellent plaister against woundes sefred with blood, and against grievous impostumes, burnings, bꝛesings, shooting of humors.

77 An Emplaister of three things.

Take of oyle olive, foure lib. of litharge of gold, two lib. of vineger, lib. ʒ. make the emplaister accordingly.

This emplaister doth bzing new flesh againe in wounds: also doeth heale them.

78 A red emplastre to drye : Diacalium
rubrum.

Take litarge of gold, thre 3. oyle of roses, oyle of violets,
an. lib. p. of ware twelve lib. the stone which the Do-
thecaries call calaminaris, of terra sigillata, of redde leade,
an. foure 3. of camphure, one 3. make your emplastre.
This doth drye byles, and drye sores which be cleansed.

H. 79 Hiera, pecra, galeni.

Take of saffron, spikenard, the wood of balme, of cassia fi-
cula, cinamon, masticke, an. sire 3. of aloes, 3. C. take
of honny as much as will suffice, beate them all, and worke
in the iuice of coleworts, wormewood, or wine, that they
may be so mingled together, as leuen in dole, put vnto them
scammony, that they may the better cleaue together, and al-
so purge the body of cholles, if ye put agaricke and the in-
ner parte of coloquintida, then it will purge fleame, and if
ye will mingle the flower of harder time therewith, then
melancholly is purged: to make it moze gentle in operation
and lesse noysome to the stomacke, the Dothecaries doe put
vnto this composition, twice as much of aloes as of all the
other kindes, your aloes must be broken and washed, that
it may the better goe to the bottom of the water, and the
drosse which swimmeth aboue, to bee cast away with the
water, this must be done twice or thrice, & when it is well
washed, it will be an apte medicine for the stomacke, and
nothing hurtfull to the inwarde partes: after this the other
kindes of spices ought to be mingled, and so it shall be a ve-
rie good purgation for weake stomackes.

This purgation which is made with aloes, doth reme-
die yltiaca passio, and consumeth superfluous humors in the
stomacke, it doth amend the palenes of the face, the eyesight
which is dimmy with grosse humors from the stomacke, it
prouoketh a man indifferent to the stoule, working and pur-
ging from the liuer, it doth hurt those which haue a hote
liuer,

liuer, but the stomacke thereby is helped.

80 A Iulep of roses of doctor mesues.

TAke of rose water, thre lib. of fine suger sodden and clarified two lib. make your iulep with a soft fire.

This quencheth the thirst in hote agues, it doth assuage the heate both of the liuer and of the hart, it doth also resist corruption of humors, and keepeth a man whole.

81 A thinne Iulep of Violets.

TAke the water of the flowers of violets, foure lib. of fine suger sodden and clarified two lib. mingle them together, and seeth them with a soft fire.

This is a present remedie in all burning agues, and to those which haue a hote liuer or throte, it helpeth also those which haue any roughnes in the wind pipe or throat, it helpeth the plurisie, and the dry cough.

82 A thicke sirrop of Pinaples, of D. M.
loch de pino.

TAke of the graines or stones of the pinaples thirtie 3. swete almonds, wallnuts made in powder, the gumme fragantum, gummi arabicke, licozace, the iuice of amily, maiden haire, the rootes of lillies, aū. foure 3. the substance of dates five and thirtie 3. of bitter almonds, thre 3. honny mixt with the iuice of great resons, fine sugar, fresh butter, aū. foure 3. of the best honny as much as will suffice.

This doth helpe old coughes, shortnesse of breath, and causeth a man to auoide grosse steame, and also spittle.

83 A thicke

83 **A thicke sirrope of squilla, loch de squilla.**

Take of the iuyce of squilla, of honny clarified, an. lib. ℥. and seeth it till it be thicke.

This pureth tough and grosse matter congeled in the winde pipe, and causeth spittle easily to annoyde, it cureth shortnesse of winde, the paine of the brest and the side.

84 **A very excellent thicke sirrope of D. M. loch Sanum.**

Take cinamon, drie hisope, the iuyce of liquirice, an. 3. ℥. of iuiubes, sebesten, an. thirtie: rasons, of cozans picked, drie figges, of moist dates, an. two 3. of fenegræke, five 3. of madden haire, one 9. of aniseede, folium indicum, flowerdeluce, camamile, of linseed, an. foure 3. seeth al these in foure lib. of water till the halfe be consumed, then put vnto this two lib. of penidis, which is a confection of sugar, seeth it till it be as thicke as honny. then mingle with this a pine apple pared, five 3. of almonds blanchèd, lyquirice, the gum fragantum, of gummi arabic, of amili, an. three 3. of flowerdelyce, nine 3. labour this confection till it be soft and white.

This cureth the cough, and the hardnesse of the wombe, which commeth of cold, and also flegmatike humoys which be in the brest or in the lungs.

85 **A thicke sirrope of Coleworts.**

Take the iuyce of red coleworts one lib. of safron two 3. of suger, honny an. lib. ℥. make your sirrope.

A composition which king Michridates did vse, manardi mithridatum.

Take the blood of a drake drie, blood of a duke, the blood

bloud of a goose, the bloud of a kidde, of willow reed, fennel, bill, nauien, aū. three 3. the roote of gentian, tripholy, squinantum, frankinsence, dyer roses, aū. three 3. white pepper, long pepper, cost, and valerian, anniseede, cinnamon, aū. two 3. myzre, spikenard sire 3. beniswoyn, asarabacca, ammoniacum, aū. three 3. mace, agaricke, aū. two 3. the seede of balme, one 3. of flowerdeluce, saffron, rhamastic, aū. one 3. of sicados siue 3. make a fine powder of all these, and put foure times so much honny as of the other, and make your mixture.

87 A thicke sirrop of the lunges of a Foxe.

Take of the lunges of a fore dyed, the iuice of lichozas, maidenhaire, fennelseede, aū. foure 3. make it with suger sodden in water as much as will suffice, some make it with the iuice of myzts, and then it is both laxatiue and a comforter of the stomacke.

This is a present remedie in all consumptions and diseases of the stomacke, it both both comfort and cleane the lunges.

M. 88 An other confection which the king Mithridates vsed, of doctor Nicholas.

Take of stoyre calamita, one 3. one 3. of cloues, spinard, the woode of balme, orobis, louage, the gumme traganum, of mastic, galban, sandarie, the swete thorne aspalathus, of the otter stones, the gumme of Iuy, bdellium, terra lignea, melilot, the gumme of lade, oppoponax, ammoniacum, opium, bymstone vnsteeled, lichozace, salte pæter, hypoquistes, acacia, roses, germander, saint Johns worde, sother wood, pion, hysope, organ, cunlacampana, the leaues of sauy, y leaues of y bay tree, aristolochia longa, y flower of the harder tymie, woyme seede, rosemarie, centuarie, the

lesse

lesse seholme, the flower of the wilde pomgranad, the
 femme oz the inwarde rinde of the myzte tree, flowers
 of pomgranads, the seede of a raddish, squilla, the seede of
 balme, anniseed, giti, henbane, fennell, commin, cardamo-
 mum, silermotan, white mustard seede, ammi, parlisæde,
 rebo, white poppi, smalage, yelow carrots, clarry, long pep-
 per, basell, animum, aū. one 3. gladian, the common
 swines nuts, capres, the flowers of tussayne, of the hoene
 of the redde deare, aū. two 3. of the iuice of the balme, oz
 the iuice of myzte tree, cinamon, saffron, cost, squinantum,
 ginger, folium indicum, oz in the stead of it, cloues, oz spic-
 nard, turpentine, washed myze, fine frankinsence, casia
 fistula, agaric, spica romana, rha, flowerdeluce, asarabac-
 ca, dittan, hozehound, the inner rinde of coloquintida, stica-
 dos, mugwozte, callamint, pelliter of spaine, ground pin,
 blacke pepper, white pepper, seede of parslie, manna, oz
 swæte dew, cresses, sinckfoyle, aū, one 3. beries of the
 bay tree, fyre gra, p. of strong wine and olde, one 3. of hony
 as much as will suffice to make it.

[This doth cure all diseases of the heade which come of
 colde, and chiefly melanchollie persons, and fearefull, the
 falling euil, the migram, running eares, and all diseases of
 the eares, the tooth ache, and all griefes and sores of the
 mouth and iawes, if it be laide on the place infected, if any
 rume distill from the heade, then it must be laide vnto the
 temples after a fashon of a plaister, it cureth also the
 quinsi and apoplexian, which is when a man can neither
 seele, speake, nor moue, it helpeth the cough, and shortnes
 of winde, and spitting of bloud, the lunges, and all inward
 diseases, it cureth the chollicke, the bloudie fluxe, illiaca-
 passio, and the fluxe of meate vndisgested, if it be ministred
 with the decoction of the flowers of pomgranads, it cureth
 also stiffness of members, when the sinewes be so stiffe, that
 the party cannot moue, it helpeth the crampe, conuulsions,
 palsies, diseases about the midrise, the raines, and blad-
 der, it breaketh the stone, prouoketh the flowers stopped,
 and helpeth all diseases of the matrice, it mollifieth all

ff

hardnes

hardnes, and cureth the goutte, it is a chiefe remedie against poyson, and against the byting of a mad dogge or any other beast, if it be laide vnto the place, or drunke: it doth also cure quartan agues, and quotidianes taken with luke warme wine, an houre befoze the fit cometh.

89 A confection which the Potheccaries call
Mycleta.

Take of the first kinds of myzrobolance dressed and made in powder, two 3. ʒ. commin, annisseede, folium indium, ammi, caralwaies, aū. one 3. ʒ. cresses made in powder two 3. ʒ. belliricum, and imblicum, the fourth and the fift kinde of myzrobolance made in powder, aū. two 3. Infuse all these in vineger a day and a night, afterward make them in powder, then mingle them with spody, the flowers of wilde pomgranade, masticke, gumme, arabicke, manna or swæte dew, aū. one 3. fiftene gra. Stampe them with the oyle of roses, and temper them with the sirope of myzrell tree.

This confection hath bene proued against the emrods, gnawing and gryping of the stomacke and the bellie, the bloodie fluxe, and also against lienterya which is a fluxe of meate vndigested, and finally, it is a present remedie against all fluxes of the bodie.

90 A confection which the Potheccaries call Aromaticca, or mixa simplex of
D. Mesues.

Take of the iuice of quinces lib. C. put it in a cleane vessel of stone, and let it boile softly, scumming of it, till it bee halfe consumed, then strayle it, and let it stand foure houres, and then cast vpon it sixtie lib. of olde wine, this done, set it on the fire againe, and seeth it till it be thicke, some Potheccaries make it with these spices following, and some without, they take of the best cinnamon, cardamo,
mum

mum the lesser, aū. three 3. of cloues two 3. of suger, mace, stickes, aū. one 3. ʒ. of saffron two 3. of ligni aloes, mace, aū. one 3. ʒ. stampe all these, except your saffron, and make them sweete with muske, one 3. and with two 3. of the confection called gallia muscata: there bee also some other Apothecaries which do make this confection with suger.

This confection fortifieth the stomacke, the liver, and the principall members, it causeth good appetite and digestion, it stoppeth vomiting and fluxes of the body.

91 / A confection of honny and roses, called
Mell rosatum. D. M.

Take of red roses prepared and dressed as it is in the conserues before, aū. two partes, of good honny five partes, seeth them with a gentle fire accordingly, some Apothecaries put in equall partes, both of honny, and of the iuice of roses, without any leaues, other some put also vnto the leaues one parte ʒ. and of the iuice one part ʒ. of honny, three partes.

This doth comfort the stomacke, and doth digest and purge slegmaticke humors congeled in the stomacke, or in the raines meseraicis.

92 A confection of honny and violets, called
Mell violatum.

Take of the flowers of violets one part, of good honny three partes, seeth them with a soft fire.

This is a singular remedie in hote agues, because it maketh the body moist and also laxative, it alwayeth dries of the stomacke and the brest.

93 A confection of rosemarie and honny,
Mell authosatum.

Take of the flowers of rosemarie one parte, of honny three partes, make it as ye doe the other.

TAke of suger clarified and molted in water of roses. lib. ʒ. ſæth it together till the water be consumed, and the suger harde, in the ende of the decoction put in 3. ʒ. of perles or precious ſtones made in fine powder, then lay it vpon a marble ſtone annointed with oyle of roses, or els violets.

TAke of good honny two partes, of vineger one parte, of well water foure partes, your honny and your water ought to be ſodden together, ſo that no ſome be left aboue, then temper in your vineger, let it ſæth well till your honny leaue ſoming.

This doth purge groſſe and ſlegmaticke humors in making of them thinner, in diſſoluing of them, in opening and breaking of them, it doth alſo diſgeſt the matter which commeth of long agues.

TAke of the rinde of the roote of ſmallage, ſennel, aū. one lib. parſie, kneeholme, or butchers brome, ſperage, the ſæde of ſmalage, the ſæde of fengreke, aū. one 3. ſæth theſe rootes and ſædes in two lib. of water, and a pound of vineger, vntill it come to the halfe or litle more, then take as much honny as will ſuffiſe, and ſæth it well, and make a ſirope.

TAke of faire water ſixe lib. of clarified honny thre lib. of vineger, ſquilla two lib. ſæth them well and reſerue them.

This

This doeth dissolue tough and flegmatike humoꝝs, it doth also cure belching which comineth of raw humoꝝs and not digested, it doeth also heale the bladder exulcerated, in mollifying of it.

99 A confection of suger and vineger, called Oxisacra Simplex, of Doctor Nicholas.

Take of suger one lib. of the iuice of pomgranades eight 3. of vineger foure 3. sethe it on the fire till it come to the fashion of a sirup.

This is very good in tertians, hot agues, and quartans, in the spring time it purgeth choler in the stomake.

100 A confection of suger and vineger, with other things called Oxisacra Compounde,

Take of mayden haire, ceteracke, harts tong, liuer wort, violets, fennell, kneeholme or butchers brome, sperage, stitch wort, an. one lib. make it after this fashion. Laie your hearbes and rotes in the iuice of pomgranades the space of thre daies, on the fourth day boyle them a litle and straine them well, and afterward put vnto them suger as much as will suffice, and then sethe them till they be thicke.

101 Oyle of sweete Almonds of Doctor Nicholas.

Mark this

Take almonds and blanch them, and take away the inner rinde, then stampe them well and make them in masses like pastides, after this, laie them in a hote place, the space of fiftene daies, then beat and stampe them again, and then presse them so, that the oyle may passe forth, and if ye will, sethe it againe in a vessell set within another the space of an houre, and then presse it, it will bee the better to runne, and ye shall haue moze plentie of oyle, if ye fill bags

with almonds stamped, and then laie them vnder hot ashes
or sand betwixt cloathes, and after ward presse them.

This oyle doth mollifie the roughnes of the throat and
hardnesse and dzyennesse of the lungs, and of all the inward
parts, it healeth consumptions, and encreaseeth seed in a man,
it allwageth the heate of the matrice, and of the priuy parts
of a woman, and also the heate of the reines and of the blad-
der if it be laide to the place.

122

Oyle of bitter Almonds.

This oyle must bee made in all things like vnto the other
before.

This oyle openeth obstructions, and opilations, and
causeth winde to auoide, it allwageth the paine of the eares,
the singing and deafenes, it maketh the flesh smooth & faire,
it doth also take away spots and deformaties in the face, the
ache in the sinowes, and all other hardnesse.

103

Oyle of Bay, called Oleum
Laurinum.

Take of the berries of the bay tree which be ripe, and stamp
them well in warme water, and straine them when they
be cold together, take of the fat which swimmeth aboue, and
that shall be your oyle.

This oyle bringeth heate and mollifieth, insomuch that
those which be troubled with the scabbe, ring wormes, or
any such other sores, be cured therewith, if they be annoin-
ted when they bathe them. cholericke persons and all those
which be suspect to haue the leprosie or any kind of it, must
auoide and eschue this oyle, it is a singuler remedie against
cold and moist complexions, and flegmatike, & those whose
ioints be affected with cold, it cureth the paine in the hippes
or huckle bone, it destroyeth lice and vermine, and scoureth
the head of all filthines, it cureth the falling of the haire, ta-
ken with the water of salt pæter, this done, yee must also
wash

his practise.

47

Wash your head with wine and hony, and with the flour of fenigreeke, howbeit if your head be vexed with any grieve of heate, then ye must utterly eschue this oyle.

Oyle of the little grayne sesamum oleum sesaminum.

VWash your little grayne sesamum from all filth, then sprinckle vpon it a little water with salte, and rub it with your hands, then cast vpon it againe till it be moist, afterward lay it forth to drye, then so dryed, ye must take it againe and dry it better by the fire, but moderately, then put it in a bagge of course cloth, and rub it againe with your hands till the huske go of, and whe it is husked cleane, grinde it and presse forth the oyle, and make it after this fashion, take linseede the oyle, oyle of popiseede or lettis seede, your linseede may not be husked.

This oyle encrease the fatnes of the face, and leede in men, it mollifieth all manner of hardnes, and causeth the voice to be clere in mollifying the throte, you maye also mingle this oyle with many other.

Oyle of spikenard oleum nar- dinum.

Take of spicknard three 3. of wine and water, an. two 3. p. the oyle of the grayne sesamum lib. p. seeth these with a double vessell that is one within an other with a soft fire, the space of foure houres, and tyrring it continually.

This is a very good oyle against all diseases of colde, wind, against griefes in the stomach, kinows, liuer, spleene, regnes, bladder, matrice, the head ach, and the migram.

Oyle

105

Oyle of Coste of D. M.

Take of coste dry, and butter two 3. of cassia fistula one 3. the buddes and toppes of margeram eight 3. of sweete wine as much as wil suffice to laie the stuffe in two nights, then take the oyle of sesamum thre lib. seethe it as the oyle of spikenard before.

This oyle engendreth heate in the sinowes and in all the parts of the bodie, it openeth abstractions, it fortifieth the stomake and the liuer, it kepeth the haire from falling off, and the head from hozenes, it causeth good colour and saour in all the bodie.

106

Oyle of Rue, of D. M.

Take oyle of ripe oliues, thre lib. of the leaues and of the iuice of rue, au. thre 3. make an oyle according, of the same.

This oyle doth heale and dry, and therefore it is present remedie against distillations and rumes, it allwageth griefes of the brest, and byingeth heate to cold members.

107

Oyle of Dill of D. M.

Take of the common oyle which is sallet oyle, two lib. foure 3. of the floures of dill ten 3. two 3. laie the floures of dill thre daies in oyle, and seethe them on the fourth day a litle with a soft fire, then take them forth, this done, put into the same decoction thre 3. of the floures of dill, and set it in the sunne and keepe it.

This oyle allwageth griefes and aches, it openeth, lo- seth, and prouoketh a man to sweat, it doth mittigate the colde and shaking agues, if the backe bone be annointed, it causeth slepe, and cureth the head ache.

108 Oyle

108

Oyle of Camamile,

TAke of swæte oyle which is the common sallet oyle, two lib. soure 3. the flowers of camamile one lib. make it as the oyle of dill.

This doth mitigate all aches, it stoppeth fluxes of humours, because it doth a little bind, it is a present remedy against achss in sinewes. Galen the Physitian doth iudge that this oyle doth loose and not bind, Paulus Aegineta, doth take two 3. of dry flowers of camamile without the whites, and doth cover the vessel with a linnen cloth, so that the oyle may presse through, and then set it in the sunne by the space of forty daies, and after the month ought to be well stopped, and so kept, if ye cannot haue græne flowers ye may take dry, and seeth them in a double vessell, that is one set within an other, howbeit the oyle shalbe of lesse strength and efficacie.

This oyle, as Actuarius doth teach, annointed by it selfe or with some other temperate thing, doth open the pores, and causeth the skinne to be thinner, it cureth long agues, and all griefes in the body, if the place be nointed therewith, with swæte wine.

109

Oyle of myrts.

TAke of sallet oyle three lib. of myrthe stamped one lib. of the best wine two lib. mingle these together, and suffer it to boyle untill the wine be consumed, then straine it, and reserve it.

This oyle doth refrigerate or maketh cold, and bindeth, and therefore it cureth the fluxe which cometh of weakenes of the stomack, burnings, principally, wheales, kybes, gallings, if the place therewith be annointed, it healeth clifts about the fundament, and the broad piles, and it stoppeth sweating

Oyle of flowerdeluce oleum
deireum.

TAke of the rootes of flowerdeluce two 3. and of the flowers foure 3. of the decoction of roses one lib. the oyle of oliues two lib. let them boyle within a double vessell untill the water be consumed, then strayne them, and change the rootes, flowers, and the water of the decoction, this ought to be done twise, and then straine them, and reserue it, the Apothecaries commonly make it after this fashion, howbeit yee shall read in Dioscorides an other forme of making of this oyle.

This oyle scoureth, purgeth, looeth, openeth, and asswageth aches of cold, it ripeth raw humours in the bzeast and lungs, it taketh away the paine in the ioynts, and mollifieth the hardnes of them, and hard impostumes and swellings about the necke, or in any other place, it doth asswage the paine of the matrice of colde, the crampe, the paine about the eares, the stinking of the nose.

Oyle of roses.

TAke oyle of oliues, or the oyle of [the grayne sesamum, wash them oft with well water; then take a sufficient quantity of the leaues of red roses young, and beaten, and couer them with the oyle wherein they were washed, then stoppe the mouth of the vessell, and set it in the sunne the space of seuen daies, then seeth it in a double vessel the space of thre houres, then change againe the rose leaues, and take fresh, and set them in the sunne other seuen daies, after ward seeth them againe, and change them as ye did before, then put vnto them of the infusion of roses, as much as of the oyle, and stoppe the mouth of the vessell, and set it in the sunne the space of forty daies, some Apothecaries do not set it in the sunne, but vnder the ground forty daies.

This oyle, as Doctor Mesues wyrteth, doth comfort, loose, open, and asswageth ach, it is also good against infla-
mati-

mations, and fluxes of humours, and therefore being drunken it is a present remedy against the bloody fluxe and all other, there be two kindes of this oyle, the one is made of rose leaues which be ripe, and the other is made of oliues and rose leaues not ripe, the first kinde doth mollifie and make the skinne thinne, openeth, and asswageth al manner of griefes, the second doth refrigerate or make colde, and bind, and therefore it cureth the head ach in agues, and of the heat of the sunne, it asswageth burning which is engendred of wind in a full stomack, and finally it cureth all aches of the head if the place therewith be annointed, it doth also resolute the griefes in the stomack, or in the bowels of sharpe humours, if it be mixt with two 3. of masticke, and with a little quantitie of waie, it asswageth all inflammations of rednes, if the place be annointed therewith.

Oyle of Violets.

Take of the oyle of oliues two lib. of young violets stamped, foure 3. put them into a glasse, and set them in the sunne the space of seven daies, afterward boyle them in a double vessell the space of three houres, then straine them, and reserue them: Paulus Aegineta doth call this oyle Jason, and wyrteth that it is made of the purple violets, or els of the yealow violets, which many iudge to be hearts ease, he willeth also that violets shall stand ten daies in the sunne, and to be three times changed, and the vessell to be so stopped that no ayre may enter in, and in the meane time, you may put vnto these, of dry violets.

This asswageth all inflammations in what part so euer they be, it mollifieth eruptions and stiffenes of the breast and lungs, it mitigateth hot impostumes, and the pleurisie.

TAke of quinces with the rind halfe ripe, and stamp them and take of the iuice of them, aū. equall partes, of the oyle of oliue not ripe, as much as will suffice, put it into the glasse, and set it in the sunne by the space of fiftene daies, then seeth it in a double vessell, which is, one within an other, the space of foure houres, then chaunge your quinces and the iuice of them twice or thrice, and make it as you did the other, then straine it and reserue it.

This oyle fortifieth the stomacke, and the principall members, and the sinowes which be lose and weake, it doth restraine ouermuch sweating, it is also a present remedie against all fluxes. Dioscorides doth shew an other way and a better of preparing this oyle, Paulus Agineta, calleth this oyle, Melinon, and maketh it after this sorte, he taketh of quinces pared, with the rind thre 3. of the oyle of vnripe oliues eightene ounces, he doth set it in the sunne fortie daies.

TAke of masticke thre 3. oyle of roses twelue 3. of good wine eight 3. seeth it in a double vessell as the other.

This oyle (as doctor Helides doth write) is the second for his vertue, it doth comfort the stomacke, sinowes, the liner, the ioyntes, it doth mollifie hard impostumes, and asswageth aches.

TAke one 3. of Otters stones, and seeth it in one lib. of the common sallet oyle, vntill the third part bee consumed, then keepe the oyle in the powder of the otter stones, which is good for the crampe.

115 Oyle of Euphorbe.

Take of euphorbe ꝑ. 3. oyle of harts ease five 3. of sweete wine as much, seeth it till the wine bee consumed, and then reserve it.

This oyle is verie good against cold diseases of the sinowes, the ache of them, and of the iointes, the paine of the liuer, the spleene, the headach, the migram, ouer much sleeping, and the forgetfull disease. Galen doth make onely of euphorbe an oyle, increasing and diminishing the euphorbe accordingly to the poztion, as it doth appeare in the second booke of compositions of medicines.

116 Oyle of a wolfe, D. M. Oleum vulpinum.

Take a wolfe whole except the bowels, and put him in a vessel, and poure vnto him well water, and salt water, eightene 3. of old oyle three lib. ten 3. seeth this with a soft fire, with three 3. of salt untill the water be consumed, then put it in a vessell, and poure vnto it of the sweet water wherein the hearbes haue bene sodden one lib., and of tyme one m. seeth them againe till the water be consumed.

This oyle is a chiefe remedie against the goutte in the iointes, which is called, arthritica passio, against the goutte in the feet, the paine in the raines, and the backe.

117 Oyle of the lyes of white wine called

Oleum de tartaro.

Take of the lyes of white wine, two lib. or els as much as you iudge best, and make it in powder, and wazape it in a linnen cloth, or in two, then mingle it againe with strong white vineger, after ward dye it againe vnder hote ashes, till it be very blacke, then make it in powder againe, and set it in a vessel in a colde place, and so let it stand the space of eight dayes till it shall be resolued into an oyle, and runne, if it will not runne of it selfe, then presse it with

your hands into a glasse, with this oyle women doe annoint their faces to make them smoth and faire, it both clense the face wonderfull well.

TAke of scorpions twentie, moe or lesse according to their quantitie, put them into a vessell of glasse, and poure vpon them the oyle of bitter almonds two lib. stoppe the mouth and set it in the sunne thirtie dayes, then stampe it and vse it.

This oyle is the most present remedie to breake the stone in the raines or in the bladder, chiefly if the raines or the necke of the bladder or the places there about bee annointed therewith, or els if it be ministred in by the parde, it is also made with olde oyle, and mixt with many other medicines which be good against payson: it is also a present remedie against the pestilence, and all other paysons.

TAke oyle of oliues one lib. of the flowers of white lillies foure 3. make this oyle as you did the oyle of cammamill, Paulus Aegineta both shew an other way of making of this oyle.

This oyle is verie good against womens diseases, running sores in the head, scurfe or any other breaking forth, if the place therewith be annointed, it is also good against all diseases and aches of cold, and also inflammations annointed, with saffron, if it be dronken, it will purge choller, but it is noysome to the stomacke, it alwageth all curnels and knobbes.

TAke of the flowers and of the greene heades of poppie stamped au. three 3. of the oyle of oliues not ripe, one lib.

lib. three 3. make your oyle accordingly.

This oyle alwageth aches of heate, and causeth a man to sleepe when the occasion of waking commeth of heate, or of vapors ascending to the heade, if the temples, the nose, the eyes and the forehead be annointed therewith.

121

Oyle of Nenufar.

TAke of the oyle of oliues not ripe one lib. of the flowers of nenufar greene and stamped soure 3. keepe them in a vessell of glasse, and prepare it as ye did the oyle of violets, both to set it in the sunne, and also for the seething, the changing of the flowers, and mixing of the decoction.

This oyle hath almost the vertue of the oyle of poppie, but because it is not so cold, nor doth not so much dull the senses, therefore we may mingle with it the oyle of poppie to cause a man to sleepe the better, it doth alter a hotter complexion in what part soeuer it be laide.

122

Oyle of Mints.

TAke of the leaues of mints, and of his iuice an. foure 3. of the oyle of ripe oliues three lib. put these into a vessell of glasse, and set it in the sunne the space of fiftene daies, stopping the mouth close, this done, afterwarde boile them foure houres, and then straine them well, this must be done thrice, afterwarde straine them, and let them bee kept.

This oyle is good for a weake and a cold stomache, it stoppeth vomiting and causeth digestion, it causeth appetite to meate, it mollifieth all hardnes in what part of the bodie soeuer it be.

123

Oyle of wormewood.

TAke of the buds of the tops of wormewood, and of the iuice, an. foure 3. of the oyle of oliues three lib. you shall make this as you did the other.

This

This doth comfort and bring heate into colde places of members, it comforteth the stomacke, and causeth good appetite, it openeth obstructions, and helpeth diseases which come of a colde cause, it killeth wormes, and doth bring, them forth, if it be mixt with ointments and emplasters and laide to the place.

124 Oyle of wormes, Oleum lumbricorum.

Take of the wormes of the earth ℥. lib. of the oyle of Olives, two lib. of wine two ℥. boyle them all together and make an oyle as it is of the other.

This is comfortable to the sinowes bered with cold, and also for the ache of the ioyntes.

125 Oyle of hart ease, oleum de Cheiri.

Take of hart ease ℥ij. 3. the oyle of Olives two lib. the flowers of harts ease must be layd thzee dayes in oyle, on the fourth day seeth it well with a soft fire, this done put vnto the decoction thze ℥. of the flowers of harts ease, then set it in the sunne, and keepe it.

This oyle openeth, loseth and alwageth paine of the sinowes, the ioyntes, the brest, the raines and the bladder.

P 127 Pouder of violets.

Take of flowerdeluce, ℥. lib. of roses foure ℥. of cypresse ℥. 3. of margeram, cloues, aū. one 3. white saunders, beneswoine, aū. foure 3. of storax calamita one ℥.

128 A of Amber, pomum ambre.

Take storax calamita one ℥. of beneswoine two ℥. of the gumme of lade ℥. 3. of cloues, white saunders aū. thzee 3. of roses, margeram aū. two 3. of muske, of amber, aū. one 3. make your ball with the infusion or pouring in rose water. A pou-

129 A pouder against the plague, Pillula
contra pestem.

TAke of fyncfoly, dittan, tunis, scabios, the rootes of bu-
glosse, aū. ꝑ. 3. kirkels of pomcitrons, the seede of soz-
rell, aū. foure 3. of coxyander two 3. red roses one 3. the
seed of puseline two 3. the shauing of Quoy two 3. of
white coyrall, of red coyrall aū. one 3. ꝑ. of terra sigillata,
ꝑ. 3. of bole armoniac two 3. mingle all them together, and
make a pouder.

130 A pouder of the electuarie of
bolermeniac.

TAke of the three kinds of saunders, galanga, ligni aloes,
cinnamon, red coyrall, red roses, the seede of melons, aū.
ꝑ. 3. the roote of tunis, the roote of fyncfolly aū. three 3.
the shauing of Quoy, of the harts horne, aū. 3. ꝑ. one nut-
mege, of mace, of cubebes aū. one 3. of anniseede, of fen-
nellseed, of ginger aū. gra. fiftene, of the seed of sozrell, of the
kirkels of pomcitrons, the seede of iuniper, the seede of the
silke woyme, of cloues aū. 3. ꝑ. of bolearmoniac two 3.
make a pouder thereof.

131 A pouder against the wormes.

TAke of woymesseed one 3. of lupines 3. ꝑ. of woyme-
wood two 3. of the harts horne made in pouder one 3.
ꝑ. mingle them and make a pouder.

132 A pouder called Bezeardicus.

TAke of bolearmoniac two 3. of red roses, the seede of soz-
rell, of the kirkels of pomcitron, the red deares horne
made in pouder, the seede of rue, the roote doony, of amber,
the seede of wollthistle, or carduus benedictus aū. foure 3.
of both coyrals, of ligni aloes, of silke not coloured nor
dyeed

dyed, but as it cometh from the silke woyme, of the tree
saunders, of perls, of the bone in the hart of the red beare,
aū. one ʒ. of the emeraud two ʒ. of the powder of perls,
cinkfolly, dittan, tunis, scabios, coriander, of terra sigilla-
ta, aū. two ʒ. of camphure two ʒ. of saffron graines fif-
teene, of amber two ʒ. of muske foure ʒ. thus make it into
a powder.

133 A confection made like suger writhen like
ropes, called Penidias.

Take of the best suger one lib. or two, and at the most
thre, put it in a vessell of brasse couered with tinne, or
els in a vessell of earth couered likewise with glasse, hauing
a wide mouth, the vessell of glasse is better for this purpose,
melt your suger with such a quantitie as will couer it, and
if your suger be verie good and strong, mingle with it, for
euerie pound of it, one ʒ. of honny, then sprinkle vpon it
oyle of sweet almonds, if ye haue not this oyle, ye must vse
some other in stead of it, and set your vessell on a fire of
coales without smoake, and seeth it till the water be almost
consumed, ye shall know if it bee well sodden or no, thus,
take a droppe of it, and lay it on a marble stone, and touch
it with your fingers, if it appeare like threds, and will
cleaue and sticke vnto your fingers, then take it from the
fire, and lay it vpon the saide stone, and draw it abroad, af-
ter that ye haue mingled it with the oyle of sweet almonds
or sesamum, then gather it together againe as hote as your
hands may suffer: afterwarde draw it forth againe with
your hands as sweete electuaries be drawne, and then strike
a crooked naile very hye in the wall, and cast it vpon the
naile, and so draw it so long, till it be white: ye must keepe
it by the fire so long as you doe draw it, that it may be more
hote and more gentle to draw, and when ye iudge it to bee
white inough, then cut it with sheares in peeces, if yee
make this in round confections long, or otherwise, then
take of white ammelum, breake and stamp it, and laye
it

it vpon a marble stone, then cast vpon it the paff of penidis, and roll it, and cut it, and make it in what kinde so euer ye will, howbeit you must make it quickly, lest it be colde betweene your hands, this done, lay it in a seue or some o-ther like thing nye the fire for the space of an houre, then take it and reserue it for your purpose.

134 A confection which the Potheccaries call
Pignolatum.

This confection is made with suger disolued in rose wa-ter, and well clarified, when it is sodden inough, put in pineapples pared, and let it stand and cole till it come to the forme of a hard confection, and then keepe it.

135 Pilles which a man ought alwaies to haue
at hand, pillos sine quibus. D.N.

TAke of aloes washed twelue 3. of the five kindes of myrrabolance, rheubarbe, masticke, wormewood, roses, violets, sene, agaricke, dodder, aū. one 3. temper them with the iuice of fennell, into the which ye shall put fire 3. ʒ. of scammony well broken, howbeit first mingle your scam- mony with the iuice of fennell, then presse forth you iuice with a strayner so much as will suffice for the decoction, then make your pilles with your hands annointed with the oyle of violets or oyle oliue.

These be present pilles to purge choller, flegme, me- lancholie, and against euil sight which cometh of euil hu- mors, against paines of the eyes, and iliaca passio.

136 Golden pilles, called pillulæ auræa.

TAke of aloes, diagridion aū. five 3. of roses, the seede of smallage, aū. two 3. ʒ. of annissæde, fennel seede, aū. one 3. ʒ. of masticke one 3. of saffron, of the inner parte of co- loquintida, thus make your pilles with the infusion of gumme fragantum.

These be very excellent pilles to purge the head, and

to amend the eyesight, the wind in the stomacke, or the bowels, they purge without any paine.

137 Pilula rahie, of doctor Rhas.

TAke of the powder of hiera picra ten 3. of colocintida three 3. one 3. of scammony two 3. of turbith, Scicados aū. five 3. mixe it with the sirope of Scicados, and thus make your pilles.

These pilles doe purge the head, and chiefly of grosse and cold humors meruailous well, it aswageth the heade ach and the mygram.

138 Pilles of eight thinges of D.N. called
ex octo rebus.

TAke of aloes diagredian. aū. two 3. the inner parte of colocintida, of the flowers of the harder tyme, agaric, mastic, the third kind of myrobolance, wormelwood, aū. one 3. temper them with the iuice of diuale,

139 Pilles of all the kindes of myrobolance.

TAke the five kindes of myrobolance, agaric, diagridion, colocintida, sene, aū. 3. ʒ. the flowers of harder tyme, turbith, annisseede, fennell, mastic, the stone lazure, aū. two 3. ʒ. graines five, of aloes one 3. make these pilles with the iuice of wormelwood, and if ye will mingle a litle ginger with them, your pilles shall be the better.

These pilles be very good against isatica passio, which is an ache in the hippe or huckle bone: against the goute in the fete, the spleene, they doe cleare the sight, and purge burnt choller.

140 Pilles of sweete powder, which the Pothe-
caries call alefangene. D. M.

TAke of cinamon, cubebes, ligni aloes, calamus aroma-
ticus

ticus, mace, nutmigs, cardamom, cloves, asarabacca, masticke, squinantum, of spicknards, the fruit of balme, an. one 3. of dry wormewood, of roses, an. v. 3. beat and strain thee, but not small, then put vnto them twelae lib. of water, then seeth them till two parts of the water be consumed, then rub them with your hands, and straine them, and presse forth the water, this done, take aloes cyatrine, one lib. wash it in some little panne of such like beest of stone round about with glasse, ye must of wash it, and with raine water, then dry it and cast vpon it two lib. of that which you did presse forth, so dry it in the sunne, then mingle with your aloes, of myrthe, mastick, an. v. 3. of safron three 3. beat them well, and cast vpon them the residue of that which was strained, and rub them with your hands vntill they be broken, many of the Potheccaries wash aloes with the infusion of rherubarbe.

These pilles alwaie the grieve of the stomack which cometh of flegme, and purgeth the stomack verie well, the brayne, the instruments of the senses from grosse and corrupt humours.

Pilles made of diuers things which the Potheccaries call pillula agregatiua.

D. M.

Take of the first kind of myrobolance, of rherubarbe an. three 3. of the iuice of agrimony, the iuice of wormewood an. two 3. of diagridion. five 3. of the third kind of myrobolans, of agaric, of coloquintida or of polipodi an. two 3. of the best turbith of aloes an. five 3. of masticke, roses, salgen, the flower of harder time, anniseede, of giuger an. 3. of the electuarie of roses as much as will suffice to make it thicke.

These pilles be verie good against long agues, and those which be mixt with diuers humours, and ach of the head, stomack, liuer, they purge corrupt choller, melancholy, and flegme, they quicken and refresh the instruments of the of the senses.

¶ 3

Pilles

Take of prim

Take

Take

142

Pilles of rhowbarbe of Doctor
Mesues,

Take of rhowbarbe three 3. of the iuice of licozas, the iuice of woyme wood, masticke, aū. one 3. of the first kind of myzobolans three 3. ʒ. of the saxe of smallage, wild lillies, fennell aū. 3. ʒ., little balles of roses which the Pothe- caries call trochisci diarodon three 3. ʒ. of hiera picra ten 3. make them with this water of fennell.

These pilles do cure long agues, and those which be engendred of diuers grosse humours; and they allwage the paine about the liuer, and chiefly they cure the droppe, some Pothe- caries vse this in the end of a mixt tertian, ye maye make them stronger with other simpies, and as yee shall iudge best for the patient, take this in the morning two 3. or one 3. ʒ.

143

Pilles of the gumme Sarcacolla.

Take of the gumme sarcacolla three 3. of turbith foure 3. of colloquintida one 3. ʒ. of ginger ioue 3. ʒ. of salgem one 3. dissolue the sarcacolla in rose water, and mingle all together with it, and so make your pilles.

These pilles purge flegme, and helpe all diseases of flegme, howbeit few Whisitians do vse them.

144

Pilles of Mesues, which the Pothe- caries
call fedidæ maiores.

Take of serapium, ammoniacum, oppoponar, soft bdellium, coloquintida, aū. siue 3. of spurge, scammony three 3. of cinamon, spicknard, safron, the stones of the otter aū. one 3. of turbith foure 3. of ginger one 3. ʒ. of euphorbe one 3. ʒ. dissolue your gumme in iuice of leckes, & thereof make your pilles.

These pilles purge grosse humours, and be very good against the ache in the iointes, and the gout in the fete, against

gainst paines of the backe, knees, stomach, cholicke, and the
the white leprosie.

145

Pilles of euphorbe of D.M.

TAke of euphorbe, coloquintida, agaric, bdellium, serapium
an. two 3. of aloes fine 3. make pilles with the iuice of
leekes.

These pilles be good to expell, driue out, & to purge flegme,
and do mollifie, they cure the palsey, and purgeth grosse hu-
mours which haue course to the iointes, and sinewes, they
cure isciatica passio which is the ach in the hippes, or huckle
bone of humours.

146

Pilles of D. Mesnes, which the Potheccaries
call lucis maioris.

TAke of roses, violets, wormewood, coloquintida, turbit
cubihee, calamus aromaticus, nutmigs, spicknard, the
flower of harder time, the seede of balme, the wood of balme,
siler montan, the seede of rebo, squinantum, asarabacca, ma-
stike, of cloues, cinamon, annistade, fenell, of smallage, ca-
stiastrula, saffron, of mace an. two 3. of all the kinds of myro-
bolans, of rhubarbe an. foure 3. of aloes cicatrine as much
as of them all, of agaric, of sene an. fine 3. of eybryght, sixe 3.
make them with the iuice of fenell.

These be present remedies against euill sight, they purge
the instruments of the senses, and superfluous humours,
they keepe the body strong and in health.

147

Pilles which the Potheccaries call pillæ lu-
cis minoris.

TAke of the wood of balme, the seede of balme, an. one 3.
of celidon fine 3. of roses, violets, wormewood,
eybryght an. three 3. of sene, of the flowers of
harder time, of all the kindes of myrobolans, of agaric,
of.

of coloquintida, squinatum, of the stone licus, of the stone lazure aū. two 3. p. of aloes cyatrine as much as of them all, make them with the iuice of fennell, or celidon.

These do purge melancholy better then doth the other.

Pilles of the stone lazure, of D.
Mesues.

Take of the stone lazure washed, siue 3. the flower of harder siue, of spody aū. eight 3. of scammony, of the best salt aū. two 3. p. of agarick, eight 3. make them with the iuice of endiue.

These be excellent pilles against long diseases of melancholy, and burnt choller.

149

Pilles of the gumme bdellium.

Take of bdellium twelue 3. of ammi, three 3. of all the kinds of myrobolans, of amber aū. two 3. p. mingle your bdellium with the iuice of lækkes, and so make your pilles.

These pilles haue bene proued against running emroids, and the sores of them, and to stop the flowers in women.

150

Pilles of wilde lilies, of Doctor

Mesues.

Take of wilde lilies, of alces, of the yealow myrobolans, which is the first kind of turbith, coloquintida, of soft bdellium, of serapium aū. siue 3. the stones of the oster, which the Bothecharies call castoreum, of the gumme sarco colla, euphorbe, opoponax, wilde reu, smalage aū. three 3. of safron one 3. p. mingle these with the iuice of coleworts, and make them in pilles.

Pilles

- 151** Pilles against arthretica passio, which is the gout in the iointes, which be called pillulæ arthreticæ.

TAke of wild lettice, turbith, of agaric aū. foure 3. of castia fistula, of spicknard, of cloues, the wood of balme, the seed of balme, ginger, masticke, fennell, annistæd, sarisrage, spe- rage, kneeholme or butchers brome, of roses, gromel seede, salgem aū. 3. p. of aloes cicatrine as much as of them all, make them with the iuice of fennel.

These pilles do purge and cure arthretica passio, which is a kind of gout in the ioynts, and in the feete.

- 152** Pilles for the stomach.

TAke of aloes sire 3. of masticke, of roses aū. two 3. make them with the iuice of diuale.

These purge the stomach, and the head.

- 153** Pilles to be taken before meate, called pillulæ ante cibum.

TAke of ligni aloes, cloues, folium indicum, masticke, the wood of balme, the seede of balme, castia fistula, mace, nut- migs, cinnamon, cubebes, saffron, siler montan, spicknard, two 3. of rhubarbe, aloes cicatrine aū. as much as of them all, mingle them with swete wine, and make your pilles.

These pilles cause good digestion, and doo distribute meate digested.

- 154** Pilles of agaric.

TAke of Agaric, masticke, aū. three 3. the rootes of lillies, horehound, aū. one 3. of turbith siue 3. hiera picra, three 3. of coloquintida, the gumme sarcocolla aū, two 3. of myrrhe one 3. make these pilles with the iuice of hearbs or fruites fined either in the sunne, or by the fire: this iuice so fined is called of the Apothecaries rob.

These pilles purge the stomach from grosse humours, and

they be verie good against the thoztnesse of winde and olde roughes.

155

Pilles of Fumitory.

TAke of the five kindes of myrobolance, aū. five 3. mingle them with the iuice of fumitory, then let them stand till they be dry, then sprinkle againe the iuice of fumitory, and suffer it againe to dry, and so do the third time, then let them stand till they be thicke, and so make your pilles thereof.

156

Common Pilles of Doctor Rhas.

TAke of aloes two 3. of saffron, of mirrhe, aū. one 3. make them with swete wine.

These pilles be much vsed of the apothecaries and physicians, if you do take them in sommer, then your aloes must bee washed with endiue water, and if they bee taken in the plague time, then ye must put vnto them, as much bole armeniac as of aloes.

157

Pilles which the Apothecaries call Assairer

Auicena.

TAke of hiera picra one 3. of mastic of yelow mirrobolance which is the first kinde of aū. 3. p. of the best aloes two 3. make your pilles with the iuice of scicados.

These pilles be a present remedie against the head ache.

158

Pilles against the cough, called Pillula

Bichez.

TAke of the iuice of licozas, ammily, fragantum, gumme arabic, swete almonds aū. one 3. of good suger three 3. and make them with the slimy sappe of the seebe of quinces.

Pilles

159 Pilles imperiall, called Pillulæ imperiales.

Take cinamond, ammonium, annised, mastick, cardamomum, ginger, fennell, mace, nutmegs, cloues, saffron, cubebes, ligni aloes, turbith, manna or swæte dew, agaric, the coddies of sene, spikenard, of the flue kindes of mirrobolance aū. one 3. of rhubarbe as much as of them all, of aloes as much as of all the other, make them with sirup of roses or violets.

160 Pilles of Hiera picra Simple.

Take of the ponders of hiera picra simple one 3. make them with the conserue of roses as much as will suffice.

161 A confection of fruit, called Pomatum.

Take of the grease of a young kid, one lib. temper it with the water of muske roses the space of foure daies, then take flue apples and dresse them and cut them in pèces and larde them with cloues, then boyle them all togither in the same water of roses in a glasse or in a vessell within another, let it boyle on the fire so long untill all be white, then wash them with the same water of muske roses, this done, keepe it in a glasse, and if ye will haue it to smell better, ye must put vnto it a litle ciuet or muske, or them both.

These gentlewomen doe vse to make their faces smooth and faire with: it doth heale clifts in the lippes, or in anie other place.

R. 162, A confection of yoong Roses, called Rosata Nouella, of Doctor Nicholas.

Take of roses, suger, licozas, aū. 3. one 3. two 3. of cinamond, g. 3. two 3. ij. gra. of cloues, spikenard, ginger, galanga, nutmegs, setwall, storax calamita, cardamomum, smal-

smallage aū. one 3. gra. eight, make these into powder.

This powder stoppeth vomiting, and casting of the stomach, it fortifieth the body, it quencheth the thirst, it restoreth those which haue bene long sicke, & letteth ouer much sweating.

163 A sirope of the sower iuice of pomcitron.

Take of the sower iuice of pomcitron twelue lib. seeth it in a vessell of glasse on the coales with a soft fire, till the third part be consumed, then straine it, and let it stande till it be cleere, then take of that which is cleere twelue lib. then poure vpon it of cleere and fined Zulop five lib. seethe it vntill it be thicke, if it be sommer, then let it stand in the sunne till the water be consumed.

This is a present remedy against all diseases which come of grosse and corrupt humours, it is good against the pestilence, and all poysons, it doth also quench the thirst.

164 A sirope of the iuice of sorrell.

D.M.

Take of the iuice of sorrell clarified three lib. of suger clarified two lib. make of this your sirope.

This sirope is good against cholericke persons, and certaine agues, the burning of the stomach, and the heart, it is a singular remedy against plagues, and agues of corrupt humours.

165 A sirope of the greene vnripe grape.

Make this as ye do the sirope of pomcitron, this cannot be made but onely in sommer, because the iuice that is gotten of the vnripe grape, it is not to bee gotten but at that time.

A

166. A sirope of Calamints.

Take of the garden and of the wilde calamints an. two
 3. of louage, yelow carrots, squinantum an. siue 3. of
 raisons, of cozans picked lib. ʒ. of honny two lib. make the
 sirope, and when ye make this sirope ye must take sixe lib.
 of water to boile your raisons in, then cast forth the water
 and take as much againe, and let it seeth till the halfe bee
 consumed, afterwarde put your honny vnto it and make
 your sirope.

This sirope is a present remedie against all diseases of
 flegme, and chiefly if it be hardened, it doth comfort those
 which haue their inwarde and principall partes colde, or
 thort winded, or the cough; it doth purge maruellous well
 the stomacke, the brest, the bowels of grosse and corrupt
 humors.

167. A sirope of mints, of doctor Mesues.

Take the iuice of quinces, of the iuice of solwer pomgra-
 nads, cast vpon these the iuice of dyer mints one lib. ʒ.
 of rose leaues two 3. let it stand a day and a night, and then
 seeth it with a soft fire, with honny and suger, vntill the
 halfe be consumed: mingle with your sirrop the confection
 called gallia muscata, to make it more pleasant.

This sirope is good for a colde stomacke, it stoppeth vo-
 mitting, and the disposition vnto it: it taketh away the
 hicup and fluxes of cold.

168. A sirope of wormewood, of doctor M.

Take of the common wormewood, lib. ʒ. of red roses two
 3. of spicknard three 3. of good olde wine and swete, the
 iuice of quinces an. two lib. ʒ. let it stand a day and a
 night in a vessel of stone, then seeth it with a soft fire till the
 halfe be consumed, with two lib. of honny, and so make
 this sirope.

This is an excellent remedie to soz tise the stomack, and to cause good appetite, to make strong the bowels, the liuer, and chiefly when it commeth of a cold cause, it helpeth also in hote diseases, if so be it bee tempered with colde things.

169

A sirope of fumitory compound,
of D. M.

Take of all the kindes of myzrobolance, an. twentie 3, of the flowers of bozage or buglosse, of violets, of worme-woode, of dodder, an. one 3. of licozace, of roses an. 3. the flowers of the harder tyme, polipody an. seven 3. of prunes a C. of rasons, of corans picked, an. one lib. the fruite of wilde date tree called thamarind, of cassia fistula an. two 3. let these boile in ten lib. of water till it come to three lib. then make your sirope with the iuice of fumitory, sodden and fined, and with three lib. of suger, seething them accordingly. In this sirope making, ye must obserue this order in putting in your simples, because some require more time, some lesse in seething, therefore first of all, put in polipody, then prunes, rasons, licozace, wormewood, dodder, roses, the flowers of bozage, then violets and myzribolance, the flowers of harder tyme, cassia fistula, thamarinde, the which after some phisicians iudgement, they should not boile, because it is verie tender, howbeit, it pleaseth other learned men to put in it at the latter end of the decoction, and suffer it to boile once that it may the better be mixed with the other: and if a man would contend, that soft and tender simples doe diminish in boyling their moisture, then wee must answer, that they diminish not their naturall moisture, but the vnnaturall and accidental, yee must also obserue this order which followeth, if yee wil make your sirope well, when your decoction is made, then clarifie your suger with well water, the which being sodden and clarified, then put vnto it the iuice of fumitory when it commeth nye to the fashion of a sirope: the

the same decoction must bee sodden by litle and litle till it shall bee well and perfectly sodden, then put in your fruite thamarind, and cassiastrula, and so make an ende of your decoction.

This sirope openeth and taketh away all stoppings both of the stomack and of the liuer, and it comforteth all the members; it cureth all sores about the inwarde partes which cometh of salt and burnt water, as of the scabbe, the leprosie, and the french pocks.

170

A sirope of fumitory simple.

Take of the iuice of fumitory well fined, foure lib. of suger clarified two lib. \mathfrak{f} . and make your sirope.

171

A sirope of licorace.

Take of licorace two \mathfrak{z} . of maidenhaire one \mathfrak{z} . of dype hisope \mathfrak{z} . \mathfrak{f} . cast vpon this foure lib. of water, and let it stand a day and a night, then seeth it till it bee halfe consumed, this done, put these vnto the decoction, of suger, honny, penidis, an. eight \mathfrak{z} . of rose water. sixe \mathfrak{z} . make of these your sirope.

This is a present remedie against the plurisie, olde coughes, to purge the stomack and the lungs.

172

A sirope of hisope.

Take of dype hisope, of the roote of smallage, fennell, licorace an. ten \mathfrak{z} . of barley the huske taken off \mathfrak{z} . \mathfrak{f} . the seede of mallowes, the gumme tragantum, the kirkness of quinces an. three \mathfrak{z} . of maidenhaire sixe \mathfrak{z} . of lillies, sebesten an. thirtie in number, raisons, of corans picked twelue \mathfrak{z} . dype figs, dates moist & sappy, an. in number ten, of white penidis two lib. make a sirope. To this sirope making, take eight lib. of water, & seeth it till it come to three, then presse it & let it boyle with penidis, vntil it come to the forme of a sirope, and

and in making of it. ye ought to keepe this order for your simples; first take iutubes, sebesten, raisons, figs, dates, the rootes of smallage, fennel; then barley, the seede of malloes, and of quinces, the gumme tragantum, hisope, and maidenhaire.

This sirope cureth diseases of the stomacke, the cough, the pleurisie, shortnes of wind, and all griefes of the bodie, and here ye must note, that when soever ye reade take this hearbe or that dye, it ought to bee vnderstand of those hearbes which be but superficiall or litle dye.

173

A sirope of horehound.

Take of young and greene horehound two 3. hisop, dye maidenhaire, aū. five 3. licozas one 3. of calamint, annisseede, the roote of smallage, the roote of fennell aū. five 3. the seede of malloes, fenigreke, flowerdeluce, aū. three 3. of linseede, seede of kirkels of quinces aū. two 3. of raisons, of cozas picked five 3. of dye figs in number fifteen, of penidis two lib. of good honny two lib. make of this your sirope: ye must take to the making of this sirope ten lib. of water which shall boile till the halfe be consumed, because the honny and penidis require much seething.

This sirope doth cure olde coughes, long diseases of the brest and lunges, shortnes of winde, and chiefly in olde men if it come of flegmatike humors, grosse, corrupt and hard to be dissolued.

174

A sirope of the flowers of harder Tyme.

Take of the flowers of harder tyme of the garden, twenty 3. of the two first kindes of myrobolance aū. fifteen 3. of dodder; of sumltorie aū. ten 3. of tyme, bugloss, calamint, of the fourth and fift kinde of myrobolance; of licozace, polipodi, agaric, of strichados, aū. five 3. of roses, fennell, of annisseede aū. two 3. p. raisons, of cozas foure 3. thamarind. two 3. p. of suger foure lib. of roses two lib. And here

here ye must note, that when ye reade rob alone, that then it is taken for new wine boyled vnto the third part, of this make your sirope, and to the making of this, you must take ten lib. of water which must be sodden to three lib. and this order ye must keepe as concerning your putting in of your simples: first take polipodi agaric, raisons, and licozace, fennell, anniseed, sticados, fumitoy, roses, dodder, buglosse, of myzrobolance without the stones, the flowers of hardertyme, dissolue your thamarinde in one part of the decoction, and let your suger boile with rob, and when your decoction shall be as thicke as honny, yet seeth it a litle more, and in the end put in your thamarind, and let them boile once or twice, till they come to the thicknes of a sirope.

This is a proued medicine against the french pockes, cankers, falling of the haire, great wounds & deepe, leproies, and all diseases of melancholie, and against adust & burnt choller: this doth purge maruellous well, if a man take thereof a good quantitie: for commonly wee ought to take from foure 3. vnto sixe.

175 A sirope of Egrimony.

Take of the rootes of smallage, fennell, endiue, aū. two 3. of licozas, squinantum, dodder, wormewood, roses, aū. sixe 3. maidenhaire, bedegre, of the flowers of buglosse, or the roote, of anniseede, egrimony aū. siue 3. of rhubarbe, mastice, aū. three 3. of spicknarde, asarabacca, folium indicum, seeth them in eight lib. of water, vnto the third part be consumed, and make a sirope with foure lib. of suger, and with a sufficient quantitie of smalage and endiue.

This sirope is good in long agues, and chiefly for to fortifie the weakenes of the liuer and the stomacke, it cureth the dropsie and the euil liking of the bodie, of olde sores almost incurable, it deliuereth the stomacke of winde and coldnesse, it aswageth the paine of the midrise, and the swelling thereof.

A sirope

176

A sirope of sticados.

Take of the flowers thirtie ʒ. tyme, calamint, organie, aū. ten ʒ. of anniseede, pellitorie of spaine, aū. seven ʒ. long pepper three ʒ. ginger, two ʒ. raisons, of cozans foure ʒ. of suger five lib. put also vnto them these pouders following, cinamon, calamus aromaticus, saffron, ginger, blacke pepper, long pepper, aū. one ʒ. ʒ. bind them in a thinne cloth, and hang them in the sirope.

This hath bene proued against all colde diseases of the sinowes, as y palsie, falling euil, crampe, shaking, wrything of the necke on the one side, rheumes from the heade to the brest, it doth also comfort the stomacke.

177

A sirope of violets.

Take of the infusion of violets five lib. of suger clarified foure lib. mingle them together, and seeth them with a soft fire, and so keepe them.

This is a present remedie against hote agues, a hote liuer or hart, the plurisie, the dyse cough, the roughnes of the winde pipe, and of the throat.

178

A sirope of poppie.

Take of the heads of white and black poppie aū. three score ʒ. seeth them in foure lib. of raine water vntill it come to a pound and halfe, and with foure ʒ. of white suger and penidis.

This sirope causeth a man to sleepe, and quencheth thirst, it stoppeth rheumes comming to the brest, and doth mitigate the paine: this is not so cold as the compound.

179

A compound sirope of Poppie.

Take of white poppie and blacke aū. fiftie ʒ. of maiden-
haire,

haire fiftene 3. of licozas five 3. of iuiubes in number thirtie, of the seede of lettice fortie 3. of the seede of malloes, the kirkels of quinces, aū. fire 3. seeth them in foure lib. of water, vntil the halfe be consumed, then make your sirope with eight 3. of suger and penidis.

This compound sirope hath the same vertue which the simple hath, but it causeth greater colde, and alwageth paine better. Doctor Mesues doth iudge it to bee good against a drye cough, and a consumption.

180

A compound sirope of myrts.

Take of myrts twentie, of saunders white and redde, of manna or sweet dew, flowers of wilde pomgranads, barberies, aū. fiftene 3. of medlars, fiftie 3. of well water eight lib. boile them all vntill they be halfe consumed, then straine them, and put into the straining, the iuice of pomgranads, the iuice of quinces aū. fire 3. of suger clarified three lib. mingle these, and make them seeth vntil they come to the fashion of a sirope.

181

A simple sirope of myrts.

Take of the iuice of myrts twelue lib. seeth it in a vessell of glasse with a soft fire vntill the third part bee consumed, then straine it, and let it stand vntil it bee clarified, then take eight lib. of that which is clarified and put vnto it five lib. of honny, and seeth it till it come to the thicknes of a sirope, if it be in sommer, set it in the sunne vntil the water be consumed.

This fortifieth the stomach and all the inwarde parts, it cureth an olde cough.

182

A sirope simple of vineger called
Acetosus simplex. D. N.

Take of good white suger five partes, and put it in a
vessel

k 2

for four

vessel of stone, then cast vpon it foure lib. of swæte cleare well water, and then seeth it with coales, or els with a soft fire without smoake, allwaies scumming it, and seeth till it shall be cleare, and the water halfe consumed, then put vnto it of vineger, of white wine not very strong two partes, of berie strong vineger foure partes, of new and fresh vineger thre partes, seeth it vntill it be inough.

This is a present remedie against all hote diseases, colde, subtill, or grosse matter.

183 A compound sirope of vineger and roots called acetosus compositus.

Take of well water ten lib. put vnto it the rootes of fenell, of smalage, endiue, an. thre 3. of annisseede, fenel seede, smallage seede, an. eight 3. the seede of endiue, ʒ. 3. seeth them with a soft fire vntill they shall come to five lib. and then put vnto them thre lib. of suger. let it be clarified as befoze, and mingle with it a sufficient quantitie of good vineger according to the forme of the sirope befoze.

This sirope purgeth grosse choller and flegme, it scoureth and openeth opilacions and obstructions which bee about the liuer, the spleene, and the raines.

184

A sirope simple of endiue.

Take of the iuice of endiue fined eight lib. of suger clarified five lib. ʒ. make your sirope, seething all things as in the sirope befoze, howbeit, first you must clarify your honny, and when it is clarified, put in your iuice.

This is a principall medicine to aswage the heate of the liuer, the hart and the other chiefe partes, and to cure the frensy.

A com-

185

A compound sirope of
endiue.

Take of the iuice of endiue, the iuice of liuerwort, aū. three lib. these iuces must be clarified, the take of roses, violets, lentils, tentelwort aū. ꝑ. 3. of maidenhaire, barley the huske taken of, the foure greater cole seedes, aū. on 3. of suger as much as will suffice, and make your sirope, and powder it with white and red saunders, barberies, the seede of quinces, of ligni aloes, cinamon, the rind of pomecitron aū. one 3.

This asswageth the great heat of the liuer, and of the heart, and of the other principall partes, it is very good for all hot complexiones, it looseth, openeth all opilations, and obstructions, it doth comfort weake members, which bee troubled with heate, it doth also digest choller and sharpe matter.

186

A sirope of cichorie.

Take of endiue both of the garden, and the wilde, of both cichories, aū. j. m. of gourds, liuerwort, white endiue, lettice, fumitory, lupines, aū. one m. barley not husked, and of alcaengy aū. foure 3. of licozas, maidenhaire, ceteracke, tentelwort, dodder aū. fixe 3. the rootes of fennell, and smalage, sperage, aū. two 3. boile them in a sufficient quantity of water, and straine them, and make your sirope with good suger, and so for every pound of your sirope take three 3. of rherubarbe, and foure 3. of spicknard, bound in a thinne peece, which shall be often times pressed till your sirope bee well sodden: the quantity that a man shall take one time is three 3. with the water wherin the foure common cole seedes were sodden in.

℞ 3

A sirope

78

Prepositas

187

A sirup of Quinces.

TAke of the iuice of tart quinces fined and clarified tenne parts, of suger two parts, and make a sirup thereof.

This stoppeth vomiting, and quenbeth the thirst, and it doth comfort the stomake.

188

A sirup of Nenufar.

TAke two lib. of the floures of nenufar, and seth them once, then presse them, and put vnto the iuice pressed two lib. of suger, and seth it till it come to the forme of a sirup.

189

A sirup of Barberries.

TAke of the iuice of barberries fined, foure lib. of suger clarified, thre lib. and thereof make a sirup.

190

A sirup of tart Pomgranades.

TAke of the iuice of tart pomgranades, two lib. .f. of suger clarified, foure lib. make the sirup as befoze.

This sirup is good against hotte agues of choller and flegme.

191

A sirup of Bizans.

TAke of the iuice of endiue, the iuice of smallage, an. two lib. of hoppes, bozage oz buglos, garden oz wild, an. .j. lib. boyle them once, and then straine them and fine them, this done, take foure lib. of the iuice clarified, of fine suger two lib. .f. so seth it with a soft fire untill it be as thicke as a sirup.

This sirup is very good against agues which come of obstructions, and of choller, flegme, and the yelow jaundize.

A

192

A sirup of the infusion of yoong
Roses.

Take of the infusion of yoong roses five lib. of suger four lib. mingle them, and make a sirup.

This is good to quench the thirst in burning agues, and to allwage heate, it dooth comfort the stomake, the heart, the the liuer being troubled with heate, it preserueth the bodie from all coyrupcion, and from the plague, it resisteth poison.

193

A sirup of dry Roses.

Take of the infusion of dry roses & suger aū. two lib. mingle them and make a sirup accordingly.

This dooth maruellous well comfort the stomake, and also it bindeth.

194

A sirup of the iuice of Roses.

Take of the iuice of roses fined, one lib. ꝑ. of suger clarified, one lib. ꝑ. and make your sirup accordingly.

195

A sirup of the fruit Iuiubes.

Take of iuiubes in number threescore, of violets, the seede of mallowes, aū. five 3. of maydenhaire one 3. the seede of kirkels of quinces, the seede of white poppy, the seede of melons, the seede of lettise, the gumme fragantum aū. three 3. of licozas, of barley husked, aū. eight 3. seethe them in foure lib. of well water or els raine water, vntill the halfe bee consumed, then straine it, and put vnto the iuice strained, three lib. of suger clarified, and so make your sirup, seething it accordingly.

This is verie good against hoysenelle of the voice, the cough, the plurisie, and exulcerations of the bladder.

A

195

A compound sirope of maidenhaire

Take of maidenhaire two m. of tentwozt, ceteracke aū. one m. of iuiubes, licozas aū. two 3. make a decoction, putting vnto it thzee lib. of suger, and make your sirope accordingly thereunto, but many learned men do vse this foyme following in making this sirope: they take of maidenhaire foure lib. of iuiubes thzee lib. of licozas thzee 3. of suger sixe lib. this sirope is iudged to be the better.

This purgeth grosse humours, it loseth, openeth obstructions, it scowzeth the regnes, and clenseth the brest of grosse humours.

196

A simple sirope of maidenhaire.

Take of the decoction of young maidenhaire thzee lib. of suger two lib. and make your sirope thereof.

Another sirope of maidenhaire of
D.M.

Take of licozas scraped two 3. of maidenhaire siue 3. cast vpon them foure lib. of well water, and let it stand a day and a night, then boyle them vnto the halfe, and straine them and put vnto the decoction eight 3. of suger clarified, penidis, and maidenhaire, then seeth it till it come to the foyme of a sirope.

197

A sirope of mugwoort.

Take of mugwozt two m. of calamint, folium indicum, sauery

sauery, of organy, tyme, quickbeame, Ricados, aū. one m. camomile, melilot, margeram, roses, aū. one 3. of litle flishes called bnguis odoratus, calamus aromaticus aū. thre 3. of spikenard one 3. germander, motherwoodt, ielofloures, sothernwood aū. f. m. gladian, horehound, the leaues of the greater madder, siler montan, aū. one 3. asarabacca, squi-
nantum, anniseede aū. sixe 3. fennell, annny, smallage aū. sixe 3. boyle them in a sufficient quantitie of water according to the art, then put vnto them as much hony as will be sufficient, and make your sirope.

This is a present remedie to prouoke the flowers in women, which are stopped.

198

A sirope of Lemmons.

Take of lemmons the iuice, one lib. f. of suger clarified, thre lib. and make your sirope accordingly.

This is very good to consume grosse and corrupt humours, or woymes, it asswageth heate in agues, it purgeth raw humours.

199

A sirope of Ceterac.

Take of ceterac, harts tong, of endiue, liuerwort, woyme-wood, of cichozy aū. f. m. of dodder, linsed, one 3. the foure common great sedes, the floures of bozage, buglosse or lang-debeese aū. one m. maydenhaire, rootes of fennell, parcely, kneeholme, or bochers-bycome, aū. f. m. make your sirope accordingly, and cast on these pouders, folium indicum, spikenard, the gumme lacca, cassia fistula, aū. two 3. binde these in a thin cloth, and boyle them in the sirope, and then reserue them.

This doth comfort the liuer, it scoureth the raines, and it deliuereth the splene from all obstructions.

L

A

200

A sirope of Buglos.

Take of the infusion of the floures of buglos, oz langde, three lib. of suger two lib. make it accordingly. An other way to make this sirope, take of the iuice of buglos fined, foure lib. of suger three lib. make your sirope accordingly.

This sirope doth comfort the stomake, it makes a man merry, it is also ministred against sounings oz fainting of the heart.

T. 201

A Muske ball which the Potheccaries call, Sapo Muscatus.

Take sope of benis foure lib. and cut it in small peeces with a knife, then put vnto it the powder of cloues, white sanders an two 3. made in fine powder, of benswaine one 3. of muske twentie gra. temper them with rose water, some Apothecaries put vnto them a litle quantitie of the oyle of spikenard, mingle all together and make your ball.

202

A confection which the Potheccaries call Thēriaca Galēni.

Take of the litle balles which be made with squilla, which they call, trochisci scilliticum two 3. two 3. long pepper two 3. five oz sixe gra. litle balles of triacle which the Potheccaries call trochisci theriaci, litle balles of corall, an. one 3. one 3. of the wood of balme two 3. seven gra. the iuice of blacke poppie, agaric, seed of wilde rapes, cinamond, the iuice of balme, an. one 3. fourteene gra. of rhubarbe, saffron, spike, nard, coite, of squinantum, glinger, cassia fistula, Rozar calamita, mirrhe, turpentine washed, the whiter frankensence, calamint dittan, Iticados, wilde time, the roote of cincoly, parsely, white pepper an. one 3. seven gra. folium indicum, gummi

gummi arabick, copozas, ferapium, terra lemnia, hipoqui-
tris, spikenard, gladian, germander, of gencian, wilde fen-
nell, the feede of balme, smallage, amonium, fennell, wilde
carrowayes, fiserimontan, creilles, annisæde, saint Jones
woort, pisa spalton which is a compound thing of pitch and
iues lime, the stones of the otter which the Apothecaries call
castoreum, oppoponax, Iues lime of pitch, galban, the lesse
centuary an. one ʒ. of the best hony as much as will suf-
fice.

This is iudged to be the chiefe and principall of all me-
dicines, because it bringeth quietnesse, & doth cure the grea-
test diseases and griefes in any part of the bodie, as the fal-
ling sicknes, insensibilitie, which is a disease when a man
can neither moue, feele, nor vnderstand, it helpeth conuulsi-
ons, the head-ache, the grieve of the stomake, the nigram,
hoarsenesse of the voice, and straightnesse of the brest, & short-
nes of winde, and diseases in the wind pipe, spitting of blood,
the yelow iaundes, dropsie, diseases of the liuer, iliaca passio,
wounds, or excoriationes in the bowels, franxies, the stone,
it prouoketh the flowres stopped in women, and deliuereth
a woman of a dead childe, it cureth leprosie, measels, and all
old diseases, it is a present remedie against cold, and all poi-
sons, and the stinging of venimous beasts: and here ye must
note and vnderstand, that the quantitie ought to be chaun-
ged in the ministring of it, according to the quantity or qua-
lity of euery disease, and this doth refresh and comfort the
sences, the heart, braine, liuer and stomake, and it doth keepe
all the bodie safe, strong, pure, from all diseases and corrup-
tion.

203

A confection called Trifera Magna.

Take of the iuice of blacke poppie two ʒ. of cinamom,
cloves, galanga, spikenard, setwall, ginger, coste, Ro-
rar calamite, calamus aromaticus, cipres, spikenard, roses,
pepper, annisæd, smallage, fennell, parsely, yelow carrots,
henbane, of comin, basell, of hony as much as will suffice.

This is a present medicine against all inward diseases of a woman, and against the paine of the stomake taken with the decoction of the seedes of fennell, annised, mastick, it cureth all diseases of the matrice of cold taken, with wine wherein niugwozt was sodden in, also if you make a round pece of silke or wooll toled, after the fashion of a finger, anointed with oyle of a weasell, or such other oyle, and put it into the matrice, it will moue the flowers of women which doe not conceaue, and it is also a singular remedie for children which speake in their sleepe or cannot sleepe, if it be taken with wine wherein mandragore or elderne hath bene sodden in: it will also helpe them if it bee taken with womans milke, according to the quantitie of the litle graine ciccr.

204. A confection of three Sanders, called Triasandali, D.N.

Take of white, redde, and yelow sanders, of suger aū. three 3. some Apothecaries doe take flitwozt for suger, which is thought to be better, Galen doth make this composition after this sort. He taketh of rhubarbe, of spody, the iuice of licozas, the seede of purflan, aū. one 3. p. of amily, gumme arabic, traganum, of the foure great commin seedes, the seed of white endine aū. one 3. p. of camphire one 3. some Apothecaries put vnto this foure times as many of roses as of all the other, of the sirope of roses as much as will suffice.

This doth cure the paine of the liuer and the stomake, and those which bee in a consumption, or haue the yelow laundes.

205. Trochistes or litle balles of Roses.

Take of roses, ligni aloes two 3. of masticke one 3. p. the common woymeewood, cinamond, spikenard, casia fistula, the floures of squinantum aū. one 3. make your balles with old wine, and with the decoction of the common rotes, as smallage, parcelly, and bozage.

These

These balles be verie good against olde agues, and those which come of diuers causes, against quotidian, and all agues by the which the beautie and foyme is corrupt.

206

Litle balles of Violets.

Take of the young flowers of white violets, flue 3. of amyly soure 3. the seede of white poppie two 3. one 3. of rhu-barbe flue 3. the seede of plantan one 3. of balme one 3. of rose water as much as will suffice, and make it after the foyme of the balles afoze: and this is not vsed but when it is mingled with other compositions.

207 Trochistes or litle balles of Squilla. D.N.

Take one squilla whole, and bake it in paste well leuened, when it is baked, take it forth of the paste and cast away the outwarde rinde, and beate the substance of squilla in a mortar, and put vnto it as much of the fine flower of ozobus, and temper it with wine or honny, and if ye haue not ozobus at hand, then take as much bread well baken and finely broken, and make your balles, and dye them in the sunne: the Apothecaries doe make in this confection, one part of squilla, and two partes of barley flower.

208 Litle balles called theriaci, of D. N.

Take a young adder of the length of a spanne, with red eyes, a shaking tongue, hornes like the graine of wheat, cut away the head and the taile of either three fingers, and the middlest to be dressed, the skinne taken off, and the garbage cast away, then wash it oft in sweete wine, and sceth it so long till the flesh fall from the backe bone, then beate the flesh well in a mortar, cast away the backe bone, then temper the flesh with the owne iuce, and put vnto it as much of the flower of ozobus or of baked breade, and make litle balles of the waight of one 3. f. & dye them in y^e shadow.

L 3

This

These bee not vsed but when they bee taken with o-
ther great simples or compositions; except it be in curing
of the leprosie.

209

Little balles of corall, of D. N.

TAke of red corall, cinamon, of myze, amomum, pop-
pie aū. foure ʒ. of squinantuni, saffron, aū. two ʒ. of
calamus aromaticus, the wood of balme, cassia fistula,
folium indicum, masticke, wilde tyme, valerian, asarabat-
ca, hearbe robart aū. one ʒ. this being first made in pouder,
then soz to make your litle balles with wine.

This is a present remedie to staunch blood and to
stoppe the bloudie flure, it doth also soztifie the stomach, and
causeth good digestion.

210

Trochistes of camphure.

TAke of the leaues of roses foure ʒ. of spody two ʒ. of ye-
low saunders two ʒ. ʒ. of saffron one ʒ. of licozace two
ʒ. of the foure greater colde seedes, spicknard, aū. one ʒ. of
ligni aloes, cardamomum, ammuli, camphure, aū. two ʒ.
of fine suger, manna or swæte dew aū. thre ʒ. make your
balles with the sappie part of flywozt and rose water.

This is verie good in hote agues, and to quench the
thirst, and soz burning of red chollet or blacke: it aswageth
the heate of the stomach and liuer, all the inward partes, it
cureth the yelow jaundis and those which be in a consump-
tion.

211

Litle balles of Alchakengi. D. M.

TAke of the beries of alchakengi thre ʒ. of ʒ foure grea-
ter colde seedes aū. thre ʒ. ʒ. of bolearmonick, gumme
arabick, white franckinsence, dragons blood, white poppie,
bitter almons, the iuice of licozace, fragantuni, ammily, the
stones of the pineapples aū. sixe ʒ. the seede of smallage, am-
bze, henbane, the iuice of blacke poppie aū, two ʒ. make
your

your balles with the sappie iuice which was pressed forth of the berries or graines of alchakengi.

This is a present medicine against exulcerations in the raines and bladder, and of the paine in pissing.

212

Litle balles of myrre of D. Rafis.

TAke of myrre three ʒ. of lupins fine ʒ. the leaues of rue, of wilde mint, pennyryall, commun, madder, pellitorie of spaine, of serapium, opoponax. aū. two ʒ. make your balles of the waight of two drams, of the which let the patient take one ʒ. in the day time with y water where in the seedes of iuniper were sodden.

This is so strong a medicine to purge flowers in women, that it will cause the childe to discend if they vse it often: also the flowers be moued verie well in boring of the crooking of the hamme, or in cutting the vaine which hath course by the ancle, ye may also vse boring about y thighes.

213

Trochists or litle balles of muske. D. M.

TAke of the woode of aloes fine ʒ. of ambre two ʒ. of muske one ʒ. the gumme fragantum, with rose water as much as will suffice to temper them together, and so make your balles.

These doe comfort the stomach, the hart, the liuer, and be vled with great medicines.

214

Trochists of Rheubarbe. D. M.

TAke of rheubarbe ten ʒ. the iuice of egrimony foure ʒ. of roses three ʒ. of spicknard, annisteede, madder, smal lage seede, wormelwood, asarabacca, aū. one ʒ. bitter almonds foure ʒ. make your balles of the waight of one ʒ.

This doth aswage the paine of the liuer, and deliuereth it from obstructions, it doth cure inwarde impostumes, olde griefes, the dropsie, yelow jaundis, and restoreth againe

againe good colour, the drinke of them is a present remedie for those which be of enel liking or in a consumption: many phisicians doe vse them in hote agues, and when the body beginneth to fall in a consumption.

215

Trochists of Spodie.

Take of red roses twelue ʒ. of spody ten ʒ. the seede of sorrell sixe ʒ. the seede of purselane, the seede of coriander infused in vineger, and afterwarde dreyed, the rinde of frankicense tree aū. two ʒ. ʃ. of amply made in powder, the flowers of wilde pomgranads, barberies, aū. two ʒ. gumme arabick made in powder one ʒ. ʃ. make these with the iuice of vnripe grapes.

These balles taken with the iuice or seedes of sorrell, be very good against agues of choller which haue a continuall flure, they aswage the burning stomach, and the liuer, and quench the thirst.

216

Litle balles of wormewoode. D.M.

Take of roses, wormewood, anniseede, aū. two ʒ. of rhubarbe, the iuice of egrimonie, of asarabacca, smallage, bitter almonds, spicknarde, mastic, solium indicum aū. one ʒ. make your balles with the iuice of endiue.

These bee good in long agues, and deliuer the liuer and the stomach from obstructions and hardnes, and doe comfort the same, they take away paine in the principall partes, and doe cause good appetite: if they bee dronken in long agues, then they doe profit verie much.

217

Trochists of egrimonie.

Take of manna or swete dew, the iuice of egrimony aū. one ʒ. of roses ʒ. ʃ. of spicknard three ʒ. of rhubarbe, asarabacca, anniseede, aū. two ʒ. of spody three ʒ. ʃ. make your balles with the iuice of egrimony.

These

These be necessarie against long agues, and the colde and shaking of them, and against obstructions, the yelowne jaundes, and the dropsie if they be taken at the beginning.

218

Litle balles of terra sigillata.

Take of dragons blood, of gumme arabick made in powder, ciuet, rose leaues, seede of roses, ammyly made in powder, spody, acatia, of hipoquisses, the stone which doth staunch blood, the flowers of wilde pomgranads, bolearmonicke, terra sigillata, hempsæde, cozall, perls, ambze, aū. two 3. fragantum, blacke poppie, aū. one 3. ʒ. the seede of purseline made in powder, franckinsence, the horne of the redde deare made in powder, oke apples, saffron, aū. two 3. and make your balles with the iuice of plain-taine.

These be excellent balles to staunch spitting of blood, and chiefly if they be taken with the water of plantane: if the sozehead be therewith annointed, it stoppeth blēding at the nose, if the matrice be annointed therewith it stoppeth the flowers, and also for any flure.

219

Trochists of ambre, of doctor Mesues.

Take of ambze, auer stre, of the horne of the redde deare made in powder, gumme arabick, cozall made in powder, fragantum, acatia, hipoquisses, the flowers of the wilde pomgranads, of mastick, the gumme of lade washed, blacke poppie made in powder, aū. auer two, franckinsence, saffron, opium, aū. auer one ʒ. make these with the summe sappe of flie wort.

This doth staunch blood, from what place soeuer it commeth.

220

Tela gualteri.

Take of the com mon oyle or sallet oyle one lib. of ceruse
four

four 3. of litharge two 3. myrr 3. make of these like cerota which be made of ware.

This doth heale and dry by olde sores.

V. 221 An ointment called Apostolicum.

Take turpentine, white ware, of rosin an. fourtene 3. opoponax, the powder of bzasse an. 3. ammoniacum, fourtene 3. aristolochia longa, white frankinsence an. six 3. of myrr, galbanum, an. foure 3. bdellium, six 3. of litharge nyne 3. infuse your bdellium in good vineger, and so dissolue it, and in sommer seeth it with two lib. of oyle, and in winter with thre.

This doth cure olde fistules easily; swellings and hard kirkels, it eateth away dead flesh, and it cleanseth also wounds.

222 An oyntment of roses called Rosatum.

Take of young swines grease as much as you thinke best, and wash it in hote water nyne times, and as often in colde water, then stampe with it as greate a quantitie of young roses, and let them stande the space of seven dayes, then seeth them with a soft fire and straine them, then take againe as many roses and stampe them with the grease, and so let them stand the space of seven dayes, then cast bypon them one part of the iuice of roses, of oyle of almonds six partes, seeth them altogether with a soft fire untill the iuice be consumed, if ye will put vnto the rose water a litle quantitie of opium, then it will proue a verie excellent medicine.

223 A singular good ointment called Basilicum magnum.

Take of white ware, rosen, tallow of a cow, dry pitch, fat of the bellies of great fishes, fine franckinsence, myrr, an.

aū. fire 3. of pitch liquid or moist thrée 3. and of all the other
aū. one 3. f.

This is a present ointment against wounds inflamed,
and woundes in the sinowes, it doth purge them and doth
hying flesh againe. The learned sorte of sargeans thinke
this ointment not fit to be laid vnto hote sores nor woundes
because it is of his nature hote, and so it shall cause greater
inflamations, wherefore vse it rather in woundes without
all inflamations of heate.

224 An other excellent ointment called Basi-
licum minus, of D. M.

Take yelow ware fire 3. good oyle two lib. f. turpentine
two 3. rosen, dry pitch, aū. one 3. f. fine franckinsence,
mastick, aū. one 3. saffron one 3. make your ointment.

This hath beene proued to heale bzoies and strokes.

225 A verie good ointment called Aureum.

Take of rosen, pitch, ware, oyle as much as will suffice,
and make your ointment therewith accordingly.

226 An ointment that is called Populeon.

Take the buds of the populer tree one lib. f. blacke pop-
pie, leaues of mandragora, the buds of the bzamble, of
henbane, dwale, the lesse houseléeke or Conecrop, let-
tis, houseléeke, burre, violets, maidenhaire aū. thrée 3. of
young swines grease not salted two lib. dry all your hearbs
and boile them with your grease, and make your ointment.

This is good to anoint the temples, the pulses, and
palmes of the hands, & the soales of the feete in hote agues.

227 An ointment called Marciaton of D. N.

Take of white ware two lib. of oyle eight lib. of rosemary
leaues, of lawzel aū. eight 3. of rue seuen 3. of quickbeme
seuen

seuen ʒ. of sauin, of water mynt, sage, bassel, wilde tyme, calamint, mugwort, enulacampana, gelliflowers, bzanchur, sin, goose grease, paritary, pimpernell, egrimonie, worme-wood, primrose, curage, young buds of elder, ozpin, mellifoly, houselike, germander, centuarie, strawberie leaues, cinckfoly, hearbe india aū. foure ʒ. the roote of holghooke, cummin, myrtle, aū. thre ʒ. of fennigrecke, one ʒ. ʒ. of fresh butter one ʒ. two ʒ. of nettles, violets, red poppie of the cozne, of balsamum, the third kinde of myrts, and of maidenhaire, wollthistle or carduus benedictus, woodbinde, valerian, hearbe robart, sozrell of bosse, harts tongue, orege, camphure, sozare, deare suet, aū. ʒ. ʒ. the fatte of a beare, or henne, mastick aū, one ʒ. of franckinsence ʒ. ʒ. oyle of spicknard two ʒ. let all youre hearbes be gotten in Maye, within two dayes space if ye can gete them, and from thre of the clocke in the morning vnto twelue kampe all your hearbes together, and infuse them in sweete wine seuen dayes, on the eight day seeth them with a soft fire, and when your wine doth beginne to consume, then put in your oyle and boile them altogether untill your hearbes beginne to consume, then straine them, and cast away the hearbes and set the iulce strained on the fire againe, and when it boyleth, put in sozar, and soone after the butter and the grease, oyle of spicknarde, masticke, franckinsence, ware, when the ware is all melted, then take it from the fire, stirring it alwayes in boyling till it shall be thicke, and then reserue it.

This is a singular oyntment for the headach of colde, the grieve of the brest, stomach, and against hardnesse of the spleene and the liuer, it cureth iliaca passio, which is ache or the goutte in the hippes, the frensie, goutte in the fete, swellings, and to be shoyt, all aches of colde.

Take rosemarie, margeram, & the rootes of wake robin, wilde

wilde time, rue, the roote of wilde cucumbers, aū. thre 3. p. the leaues of the bay tree, sage, sauin, aū. thre 3. of horse-mint, of lawrel, nine 3. of bryonie thre 3. of neppe, the leaues of wilde cucumbers aū. p. lib. of mastic, of frankensence aū. seuen 3. of pellitoz of spaine, and euphorbe, ginger, pepper, aū. one 3. the oyle of a weasell 3. p. oyle which naturally runneth out of a stone, one 3. of the grease of a bear, the oyle of the bay tree, aū. thre 3. of butter foure 3. the common oyle oz sallet oyle, fīue lib. of ware one lib. thre 3. gather your hearbes in June, and vse all other things as in the o-ther ointment befoze, stampe them well and laie them in a mortar of stone in oyle, the space of seuen daies, on the eight day set it on the fire untill the hearbes go dolwne to the bot- tom, then straine them, and set the iuice strained on the fire againe, and when it beginneth to boyle, put in your oyle of the bay tree, the butter, the grease of the beare, and war, and when it is melted, then put in mastic, frankensence, and at last your ginger, pepper, pellitoz of spaine, euphorbe, when they be well sodden, then take all from the fire and reserue them.

This cureth aches of cold, if it be anointed after this fa- shion, take a shell of an egge, and warme the ointment in it at the fire, & annoint the places: when the places be annoin- ted, laie alio to the place the shell wherin the ointment was warmed, and it healeth the crampe and conuulsions, and when a man is so stiffe for colde that hee cannot moue his necke, it is good against arthritica passio which is a gout in the ioynts, and against the ache in the hippe, and against a quartaine, if so be the backe bone be therewith annointed be- fore the fit come.

Take of the rootes of holihocke, two lib. of linseede, fenigreeke, aū. one lib. of squilla, p. lib. of the oyle foure lib. of ware one lib. of turpentine, the gumms of iuy, galban, aū. two 3. of oze pitch oz colophony, of rosen aū. p. lib. wash your

your rootes well, and beate your senigræke and squilla all together, then put them all into seven lib. of water, the space of thre daies, on the fourth day boile them till they be thick, then put them softly into a bagge and straine them, putting vnto them a litle faire hotte water, to cause the slimy iuice to straine the better, after this, take two lib. of that iuice and boile it with oyle vntill the iuice be consumed, then put in the ware, and when that is melted, put in turpentine & galbanum, the gumme of the iuy tre, the last, powder of rosin and dry pitch. and when it is thicke, then take it from the fire, and make your ointment.

This doth assuage paine of the stomake of cold, the pluresie, if ye annoint therewith the place, it doth also purge heate, it mollifieth and causeth moistnes.

Take of byiony two lib. the roote of wilde cucumber, the roote of squilla sixe 3. of flowerdeluce, foure 3. the roote of ferne two 3. the roote of wallwort, the roote of sethistle aū. two 3. wash your rootes twice or thise, then beate them in a mortar or marble stone, then put vnto them foure lib. of the oyle of masticke, or the common oyle, the space of two daies, howbeit if they lie sixe or sixe daies they will bee the better, because they encrease their heate, saour & strength, boyle them on the third day vntill the rootes shall become soft, then straine them, and when they be strained, set them on the fire againe, and when it beginneth to boyle, take fifteene 3. of white ware, and when the ware is melted take it from the fire, and make your ointment when it is cold.

This is a present remedie against the droppe, and all swelling, in what part soeuer it bee, it assuageth paine in the sinowes, it prouoketh vyne, and causeth a man to bee laxative, and it cureth paines in the raines of cold.

231

An ointment of Poinpholix.

Take of the oyle of roses ten ʒ. of white wax five ʒ. of the iuice of the berries of dwale eight ʒ. of white lead, foure ʒ. of the common lead made in pouder, of tutts a kinde of lead an. two ʒ. of frankensence one ʒ. Make these simples in pouder, which be fit to be made in pouder, set the iuice of dwale with oyle of roses untill the iuice be consumed, then mingle the wax with the pouders, and beate them in a mortar, and make your ointment.

232

An ointment of Enula Campāne.

Take of the roote enula campana, sodden in vineger, and dyde well afterward, one lib. of swines grease and of common oyle an. three ʒ. of new wax one ʒ. of common salt made in pouder, ʒ. ʒ. of quicke siluer and turpentine washed an. two ʒ. make this ointment accordingly, then take swines grease five ʒ. oyle of the bay tree, of quicke siluer flecked, of wax washed, of frankensence made in pouder an. two ʒ. of salt eight ʒ. the iuice of plantane, the iuice of fumitory, as much as will suffice, and make it after this fashion: set your iuices with the wax on the fire, with oyle of bayes, swines grease, and let them boyle untill all be melted, then put in salt, frankensence, masticke, and boyle them all until the iuice be consumed, then take them from the fire and put vnto them the quicke siluer flecked, as yee did in the other ointment before, and so vse it.

This is a very strong ointment, therefore ye must take diligent heede, lest ye touch any principall member with the ointment, because of your quicke siluer, and you must also mingle with it a great quantitie of masticke.

234 An

234

An ointment for children which
be scabbed.

Take of turpentine washed foure ℥. of butter washed two
℥. of salt one ℥. of the iuice of pomcitrons, the yolkes of
egges aū. in nomber thre, oyle of roses ℥. do them all togi-
ther, and make your ointment thereof.

235

A red ointment to dry.

Take of the stone which is called of the Apothecaries ca-
laminaris, of terra leminia aū. foure ℥. litharge of gold,
of white leade, aū. thre ℥. camphire one ℥. of ware fine ℥.
oyle of roses, oyle of violets aū. sixe ℥. and make your oint-
ment accordingly.

236

An ointment against Wormes.

Take of the oyle of bitter almons one ℥. iuice of the leaues
of peaches, the iuice of motherwort aū. ℥. 3. of roses, the
floure of lupines, of y^e horne of the red deere made in pouder,
aū. one ℥. aloes cecatrine two ℥. some put vnto this two ℥.
of ore gall, also take a litle quantitie of vineger, & as much
hony as will suffice.

237

An ointment called Resum
Ptium.

Take of swines grease foure ℥. of hennes grease, of gosse
grease, of ducks grease aū. two ℥. of moist slope ℥. 3. oyle
of violets, oyle of camomill, oyle of dill aū. two ℥. of freshe
butter one lib. of white ware sixe ℥. of fragantum, of the si-
my sappe of the kiruels of quinces, the simy sappe of lin-
seed, the simy sappe of holihock, the simy part of the gumme
arabk aū. ℥. 3. mingle them together & make your ointmet.

An

238 An ointment of Rhasis, Vnguentum
Album.

Take of the common oyle two lib. of fine white lead one lib. of white ware fire 3. some Apothecaries doe put vnto these two 3. of camphyre, make this your ointment according to the same.

This is good against all inflammations of heate.

239 An ointment called Nutritum.

Take litharge of gold three 3. of the common or sallet oyle, 3. lib. of vinegar three 3. make your ointment in a mortar of lead accordingly.

240 An ointment called Egiptiacum.

Take of the floure of brasse five aur. of hony fourteene aur. of strong vinegar, seven aur. seethe them vntil they bee thicke and make your siropes thereof.

This is a singular good ointment against olde woundes and fistules, which stand in neede of clensing: it dooth also eate away dead flesh, and also it purgeth all corruption.

241 A yelow ointment called
Citrinum.

Take of bozar a kind of salt pæter, two 3. of camphyre one 3. of white corall 3. of se glass burnt one 3. of marbon stones, of the gumme fragantum, amili, marble, of fine frankensence, and white, salt pæter añ. three 3. of white marble two 3. of serpentary, of white lead fire 3. make it after this fashion, stampe your fragantum and the marbon stones in a mortar of marble with an yron pestle, and stampe the other alone in the same mortar, then sift them through a fine sie.

¶

With

With a fine linnen cloath, with one lib. ℥ . of fresh swines grease, goates grease, one ℥ . ℥ . hennes grease, one ℥ . these greases must bee put in a skillett, or in some other such like vessel, the which vessel ought to hang in a caldron full of water on the fire, let the water in the caldron so boile, that the grease may melt in the skillett, by the heate of the water in the caldron, and when it is melted, straine it thzough a fine cloth into a dish, and put vnto it all the pouders, except camphyre and bozar, stirring it continually, vntill all go together in a lumpe, this done, mingle with it two or mo pomcitrons, stirring it alwaies, and when it beginneth to boile, put in your camphyre and bozar, it must be continually well stirred till it be colde, when it is taken from the fire, the which done, make your ointment: and here ye must note, that one pound of pouder will require eight lib. of grease.

242

An ointment called Meapolitanum, by
Iohannes de Vigo.

Take oyle of camomile, dill, of spikenard, lilies, au . two ℥ . of swines grease, the fat of a beale, au . one lib. of euphorbe sine ℥ . of frankensence, ten ℥ . oyle of the bay tree one ℥ . ℥ . grease of a viper two ℥ . ℥ . of quicke frogges in number five, of wormes washed in wine three ℥ . ℥ . iuice of the rootes of wallwort and of enula campana, au . two ℥ . of squinatum, of cicados, of motherwort au . one m . of sweete wine, two lib. boyle them all together vntill the wine bee consermed, then straine them, and put into the straining litharge of golde, one lib. of turpentine washed, two ℥ . make this ointment or cerotum with white ware, putting vnto it when it is almost sopped one ℥ . ℥ . of sack, or of the fattest and tenderest part of mirche, then take it from the fire, and stir it till it shall become like warme, after this, put vnto it foure ℥ . of quicke siluer flecked with your spittle, stirring it till the quicke siluer be run amongst the other simples even like, on a lumpe.

243 An

243

An other ointment.

TAke oile of spikenard one ℥. oile of the lees of white wine, oile of the bay tree, petroloun, of swines grease foure ℥. of frankensence ꝑ. ℥. euphorbe one ℥. ꝑ. the ointment of holihocke, the ointment of agrippa añ. one ℥. of quicksilver foure ℥. mingle all together, and make your ointment.

244

An ointment of Galen.

TAke of white wax one lib. oile of roses, three lib. let them be melted all together and washed well and oft with cold water untill they be white, the more this is washed, the better and stronger they will be, at the latter end wash them with a litle vineger.

245

Suger of Roses.

TAke fine suger and dissolue it with rose water, see the it well, then cast it on a marble stone till it bee colde and hard, afterwarde cutte it in great peeces, and reserue it.

Thus yee maye make also suger of violet and buglosse.

FINIS.

N 2

Approued medicines, most of them practi-
sed by the Translator hereof.

A good ointment and a precious, for all goutes and a-
ches in the ioyntes.

Take and haue a harts horn till it come to the innermost
part of the horne, then take that part and cut it in diuers
small peeces, and put it into a pot with a pounce of common
oyle, then fill it with wine, and boyle it till the wine be con-
sumed, and then stir it well and let it stand a day & a night,
then straine it through a cloth, and there shall come a blacke
liquor, which liquor ye shall reserue, and therewith annoint
your griefes in the morning and evening.

For the cold and griefes of the brest.

Take pimpernell and sethe it in vineger and vse it, & thou
shalt haue health.

For to draw teeth without any paine.

Take the roote of cucumber and meddle it with vineger,
but first sethe it and wash it well, make it in powder and
then put thereto vineger, then put it on the tothe, but loke
it touch none other but that.

For the palsie ouer all the bodie.

Take castoreum, rue and sage, then sethe them together
in wine, and giue it him to drinke.

A no-

Approued medicines.

101

A notable medicine destroying flegme of
the heade.

TAke pellitor, saxifrage, richoꝝ, organ, hisope, and seeth
them in wine, and vse to drinke it.

For the webbe in the eye and darknes of sight.

TAke a quantitie of honny, in seething scumme it well,
then take as much rennish wine, and boile them both to-
gether till the halfe be consumed, then take it off the fire and
keepe it, and with that annoint the eye, and doe it in the
eye, and thou shalt bzeake it.

If thy stomach be ouer full, and to make good
disgestion.

TAke a spoonefull of mustardsæde in a spoone, and re-
serue it dꝝye, and so swallow it downe, and drinke a
spoonefull or two of water incontinent after, and thou shalt
feele thy selfe well by the morning.

To make thy face white.

TAke beanes and huske them, then lay them in vinegar,
or in wine a day and a night, then dꝝy them in the sunne
and make thereof a pouder, with the lillie roose, and temper
them together in luke warme water, and vse to wash when
thou goest to slepe, and also thy hands and necke, it maketh
thée cleane, and both away all flime and spots.

For him that hath had long a quartaine ague.

Let him drinke dayly alwaies first and last, and he shall
be whole. Also for the quartaine, take woyme wood,
sothern wood, and the middle pille fraxint, then seeth it in
good wine, then put vnto it suger to make it swæte, and let

of an aspe tree

the sicke drinke thereof afoze meate and after meate, and without doubt it shall make him hole.

To breake a core without any perill.

TAke an ounce of cantaradice, of ozpement tſwe drams, make them in pouder, and temper them with ſtrong vinegar, then lay it to the ſoze in maner of a plaifter.

For the crampe.

Of bathing in the water in which linseed is ſodden doth away the crampe. Also tye about thy arme or legge, the bone which lyeth in the heade of a houſe ſnail, which bone ſhall preſerue thee. Likewise for a thorne: a gander or goole dung all freſh taken and laide to the place where thou haſt a thorne it ſhal helpe thee.

For the piles.

TAke apoſtolicon and heate it at the fire, then annoint the place about: doe ſo three or ſoure times when it cometh out, and bath him in the water in which peritorie called pericaria, and the leaues of the figge tree, and porretis, or of the pericarie alone.

For milke that is crudded in the brestes.

TAke and make pellets of wheate flower and water, and ſwines bloud, then lay them thereto, and that ſhal bying out all the filth.

For a ſiſilo.

TAke pouder of white lime, the pouder of lozier ſodden together in honny till it be thicke.

A ſirope

Approued medicines.

103

A sirope for the same.

TAke egrimony, veruaine, annisseede, bittony, piloselle, saxifrage, pimpernell, filipendula: take the iuice of these hearbes and suger together, and vse this sirope euerie day first and last, so: it purgeth the matter and dryeth the fistulo.

For the cough, and the brest.

TAke the roote of enula campana, cinnamon, pellitor, hislope, ciminum marubium, seeth all in wine, or in good ale, and giue it him in his meate, also the pouder called dyedged pouder, to bee eaten first and last, as a soueraigne remedie.

For the aking of the teeth and gummes when they doe grieue thee.

Rubbe thy temples so: the aking of the vpper teeth, and so: the lower teeth, rubbe thee vnder talues, vse this, and it will away anone.

For a sere cloth for paine in the ioyntes.

TAke olibanum, masticke, and poyss garsoire, boyle them each alike on the fire, and then spreade it on the cloth, and lay it on the grieue as hote as you may, if need be, put there, unto apostolicum cirurgien.

Another. Take poyss garsoire and blacke pitch, and rosin, of each alike, then boile them together, and then lay it on the cloth, and as hote as you may receyue it.

For all aches of the heade, or if thou canst not sleepe.

TAke oyle of mandrage, and anoint thy temples therewith.

with, when thou goest to bed, and vse it till thou seele ease.

To know if one shall liue or dye being wounded.

G iue him the iulce of pimpernel mingled with water, and if it goe out at the wound, he shall dye, or els not.

Another. Take cinckfoly, and giue him to drinke with water, if he cast it, he shall dye.

To staunch a vaine that is cut.

Take a swines dung, and seeth it in wine, and it is good therefoze.

For red eyes, and watering eyes.

Take ratie, sarcocalla and womans milke, of each one ʒ. and water of roset.

For the webbe in the eye.

Take oyle of wheate, water of rosh, iulce of bernaine, of each alike, then boile it well in a brassen vessel, and then put it in thine eye.

To make mustillage of hollihooke.

Take hollihooke, and seeth it in water all day, and then straine it out all hote, also make mustilage of fenecreke or of linseede, take and pound it, and cast thereto a litle hote water, and let it stand then two dayes and so reserue it.

An emplaisture of Diaquilon.

Take muscillagine two pound, of oyle soure pound, then put them all together in a vessel ouer the fire, and let them boile till the muscillage be wasted, then put thereto a powder of alectargiry three pound, then stirre them till they be sodden like vnto pitch, but not too thinne, then straine it into a vessel

Approued medicines.

105

bestel of water, and so let it cole, then make thereof pellets, your miscilage shall be of fennygræke, and of the sæde of linsæde, and of the roote of bismalue.

An emplaister for all woundes, and it closeth them also,

Take the iuice of pimpernell, iuice of bernaine, iuice of bit, tonie aū. two 3. rosin halfe a pound, turpentine, ware, aū. foure 3. olibam one 3. boile it with wine together, then put thereto the poudre olibam, of masticke, and womans milke of a man childe one 3. then make thereof a plaister.

For noli me tangere, a spice of an ague.

Bate the leaues of rue and straine it out, then anoint the place with the iuice, and after lay thereon the substance of the rue, vse this and without doubt it shalbe hole.

An emplaister for to cause a man or woman to sleepe.

Take henbane, opy thebaici of each thre ounces, iuice of poppie, the sæde ciciste, of each two 3. mingle them all with the white of an egge, and anoint thy forehead therewith.

An emplaister to close woundes.

Take ware, rosin boales, tallow, of each thre 3. and pitch.

A medicine to heale flesh woundes and to knit them, within eight dayes it shall be whole.

Take pitch thre 3. litharge, red ware and white rosin, armoniac, galbant, of each two 3. oken glue sixe 3. allam thre 3. masticke two 3. wedders tallow sixe 3. giptianum sixe 3. aristologia longa foure 3. myre, franckinsence, of each sixe 3. turpentine two 3. thiscoli foure 3. the roote galle

galle one ʒ. conſond the more and the leſſe of each two ʒ. of mans bloud a pound, then ſeeth a wethers ſkinne with the welles in water, til the tallow melt that is therein: then take that water and ſtraine it, and ſet it on the fire againe, and put your oken glue, and ſtirre it well till it be halfe ſodden, then put in your white ware and redde, and common pitch, ſoone after that, turpentine and litharge ſtirring it well for cleauing to the panne, then put in your maſticke, roſin, olibanum and myrr, then take it off the fire & put in your gummies, then ſet it on the fire againe, and put there, to pſulum and giſſum, and wethers tallow, and mans bloud, then ſtirre it ſtill for growing to, then put in ariſtologia longa, and roſin, and laſt put in aloes, then ſeeth it till the water be waſted: to know when it is well ſodden, put a drop thereof in a cold veſſel, and ſtirre it well with thy fingers, and if it hang rough thereon it is ſodden inough, or els not.

For a wound or cutte.

TAke white ſope and ſhepes ſuet in like portion, then boile it together in a ſawſer, and uſe it in ſent or plaſter and it ſhall heale.

For Sinnowes that be ſtrained or broken.

TAke in May the roote of the hedge vine which beareth redde berries, otherwiſe called the white vine, and doe vncouer his roote, then cut off the toppe thereof, and make a great hole with your knife in the middleſt, and then couer it with a tile ſtone, the ſpace of three or foure dayes, and ye ſhall ſee it full of water, take it out with a ſpoone, and put it in a cloſe glaſſe, and couer the ſaide roote ſo long as any water wil come: reſerue it, and when ye haue any griefe, take of the ſaide water with a cloth, and lay thereon firſt and laſt, and uſe to lay the wet cloth alſo thereon, and ye ſhall ſee wonderfull experience. Probatum,

For

For purging melancholie.

I Era rusini: also it is good for the scabbe of salte flegme, called Elephacia, which is nigh the leproie. Also diacene lectuarie purgeth the spleene and the hart. Trifera saraseni- ca, auoideth melanchollie out of the heade, stomach, liuer, and the stopping of the vaines, sinowes, the spleene, the jaundis of burnt choller.

To purge choller.

D Ia pynes doth purge the stomach and liuer.

A bath against choller for women.

H Ollibock, mugwort, elder flowers, willowes, violets, maidenhaire, valerian, fenycreeke, linsæde, smallage, wilde tansie, wilde time, malloes, germander, hisope, wormewood, marigolds, lauender, succory, bozage, langde- beefe and rosemary.

Against the stuffing about the stomach and hart
in an ague.

T Take cinckfoly, auens, watercresses, harts tongue, a fen- nell roote, of each a quarter of a handfull, wash & broose them, and boile them with a quarte of ale, and ob. of rat- sons, of cozans foure, licozas sticks beaten, and boyled ther- in till halfe be wasted, straine it and put to suger and mace, and drinke warme foure spoonesfuls thereof, euening and morning.

A plaister to comfort the stomach.

T Take redde mints, lauender, cotton, tansie, crummies of breade leuened, broose them and put them all in a frying pan with vineger, and parch it dry, and lay it warme in a bagge to your stomach, remoue it not off foure or fixe daies.

To kill a tetter in your hands.

B Dile oates in water, & couer it close, leauing a small hole open

open, which you shall hold ouer your handes so long as yee can suffer them, and cause them to sweate, then wash there, in till the saide water waxe colde, and this will heale it with once or twice.

For the piles.

TAke of haire in an olde saddle which hath beene ouer the most sweating place of the horse backe, and let the patient sit ouer a close stoole, and burne of the same haire in a chafing dish vnderneath. Use this thre or foure times every moyning, and he shall be hole.

A potion against melanchollie.

TAke of suger, hoppes greene, and fumitorie, of each a handfull, seeth them to the third part in faire water with a soft fire, straine it, and make it sweete with suger or honny, drinke thereof every moyning a draught fasting, and so befoze supper one houre.

A bath.

TAke of fumiter and enula campana leaues, sage, fether, therfue, rosemarie and woynelwood, of each a handfull or two, seeth them in a sufficient quantitie of water till they be soft, and put as much as a wallnot of allam, and a litle bymestone in powder, and therewith bathe the places of your bodie affected.

An ointment.

TAke a handfull or two of docke rootes, scrape them and mince them, and beate them in a morter with fresh butter, then boile them softly on the coales, in stirring them, when they are colde, put in befoze a quantitie of powder of bymestone, but straine it first, then stirre it well together, and keepe it in a bore. Use this after yee haue bathed, or when ye goe to bed against a good fire, and wrap yee in a sheete, and sleepe.

Against the crampe.

TAke the iuice of chickweed, and eate thereof with fresh bafe, or mutton, or in a sallet.

Mother

Mother Bowiers Medicine, a drinke to clesne the stomake, to be gathered at Michaelmas.

Take roots, gallingale roots, turmericke roots, of peneriall, hearbe grace, vnset time, the roots of philipendula, the hearbe of oreall riall, of each a like quantitie, bryse them and put them into a quart of malmesie, and let them boyle till a pinte, then take thereof so much as yee will drinke at once, warme it, and so at night blood warme, probatum.

To kill a pin and a webbe.

Take twelue oz more of solues that breedes in posses of houses, oz in the barks of trees, wash them in ale & bryse them, then straine them with ale, & drinke it twice oz thrise fasting and it will helpe it, and also helpe the yelow iaudes, probatum.

Against a Consumption.

Take a pinte of muscadell, a quarter of a pound of blanched almonds, beate them well in a morter of stone, then put in a litle muscadell and straine it: so beate the almonds againe, and put in the said wine as befoze: so long as any of your stufte is left, then take the yolkes of two beaten egges new, and straine them with the said stufte and stir it well, and put in so much of fine beaten suger, and giue it a boyling oz twaine in stirring of it still. Use this warme, euening and morning, foure spoonesfuls, probatum.

An other excellent for the same.

Take a quarterne of pure red rose water, put it in a petter platter oz bason, let it ouer a chaffindish of coles, take cleane annissedes and bryse them a litle in a morter, put thereof into your rose water a good handfull, and put in also

of sliced licozas, bryised and toze in pées, thre or foure
sticks, and as much of parsely rootes, the pith taken out,
bryised and sliced and put therein. Then last put in a good
sponefull of the tender croppes of hisope, so let them boyle
from a quart to a pinte, still bryising them with a spoone as
they boyle, and when it is sufficient boyled, straine it into a
glasse, and take therof euening & moorning a pretie draught,
fast two houres after, and befoze meate fast two houres, vse
this, it hath done wonders, quoth Maistresse Roger.

For any ache in a mans bodie gotten by a knocke
or bruisse.

Rubbe thereouer with a handfull of redde nettles, so vse it
as ye see cause. Dst proued.

Against any itch.

Take of brimstone, baie salt, elecampane, all made in fine
pouder, euen portions, and put it into a litle bagge, and
laie it in a sawser, and put of sallet oyle vnto it, then warme
it, and vse to rubbe a litle on the itching place. Proued of
ten.

Another,

Take bay salt, the pouder of elecampane rootes finely be-
ten, mixt with the oyle of flowerdeluce, and so a nightes
rubbe and chase it in against a fire. Proued true; which is
also good for the crampe, taken of cold.

A declaration of certaine qualities of seedes, hearbes,
floures, rootes, and waters.

The foure greater hotte seedes, annisseede, fennell seede,
comin seede, and carrowaies.

The foure lesser hotte seedes, annit'anomum, fennel
lage,

*How to cure the blood
foure in the foot.*

III

lage, yelowe carrots.

The foure greater cold seedes, gozdes, cucumbers, mil-
lons, and citrones.

The foure lesser cold seedes, endiue, succory, lettise, and
parselaine.

The foure hotte ointments, maclaton, the ointment
holihocke, ointment agaron, and agrippa.

The foure cold ointments. Unguentum album, citri-
num, populeon, and resumptium.

The foure hearbes assembled to haire, harts tong, fen-
telwort, maiden haire, and ceterac.

The five common rootes which doe open, smallage,
fennell, parsel, and spozage, and butchers brome.

The foure waters for to comfort the heart, endiue, sac-
cory, scabios, and langdebeefe.

The eight hearbes which be laxatiue, malloswes, mer-
cury, holihock, paritarie, violets, coleworts, bianckursin,
and betes.

The three common floures which be hotte, camomile,
mellilot, and lillies.

The foure common floures which be cold, violets, ro-
ses, bozage, landebeefe.

FINIS.



A table of all those medicines which be contained in this Booke.

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	Aromaticum gariophilatum.	4
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	Conserue of maidenhaire.	20
	Conserue of gladian.	21
	Conserue of enula campana.	22
	Conserue of succory.	23
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Against hot burning agues.		drunken.	
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Dia pynes not laxatiue.	46	Antidotum asneritum.	1
Common decoction.	53	Aromaticum rosatum.	3
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Orisacra, simplex.	99	Sirope of wormewood.	168
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Confection of horehound.	36	Dia comeron.	32
Dia tragacantha calida.	40	Oyle of sesamum.	103
Electuarie inde maioris.	57	Sirope of egrimony.	175
Pillule alephagine.	140	Crochists of rhubarbe.	214
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Lochisti de squilla.	207	Emplastrum oricrocium.	68
Oyle of harts ease.	125	Against all inward diseases of the bodie.	
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Against straitnes of the brest.		Aurea alexandrina.	2
Alypta muskata, confection of muske.	5	Against paine in spitting bloud, or other humor.	
Conserue of maidenhaire.	20	Emplastrum ceroneum.	67
Diatragacantha calida.	40	Against burning or scalding.	
Cheriaci galeni.	202	Emplaster of dates.	76
Oyntment mercurion.	227	Oyle of myrtes.	109
The causing of boldnes.		Oyntment of roses.	222
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Antidotum asincritum.	1	Dia tragacantha calida.	40
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Drimell durenticum.	97	humors in the stomach.	
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Mithridatum.	88	Dia comeron.	32
Sirope of iuiubes.	194	Dia calamintha.	34
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